



# Hong Kong College of Obstetricians and Gynaecologists

# 35<sup>TH</sup> ANNIVERSARY



# Table of Contents

Message from the President.....	2
Congratulatory Messages .....	3
<b>Past</b>	
Establishment of the HKCOG.....	32
Past Presidents and Honorary Fellows of the College .....	35
<b>Present</b>	
Structure of HKCOG .....	47
The HKCOG Family.....	49
Hospitals providing O&G services and Family Planning Clinics in Hong Kong .....	50
Continued Training and Accreditation of Specialists.....	54
Taking structured training in obstetrics and gynaecology across the border .....	55
Subspecialty training .....	57
Special skills training .....	58
Continuing Medical Education and Professional Development .....	60
Quality and Assurance .....	61
<b>Future</b>	
Genetics and Genomics.....	62
Simulation .....	63
Young Fellow Committee .....	65
Precious moments throughout the 35 years .....	66
Navigating the Healthcare Crises with HKCOG .....	75
How medical indemnity affected O&G colleagues .....	77
Top Ten Chinese Postpartum Beliefs and Superstitions .....	78
Hong Kong Medical Museum Exhibition.....	80
HKCOG 35 <sup>th</sup> Anniversary International Conference .....	82



# Message from the President

2023 marks the 35<sup>th</sup> anniversary of our College.

This milestone is a testament to the dedication and hard work of our fellows and members, who have committed themselves to providing exceptional care to women and their families in Hong Kong. We have organised a 2.5-day international conference to celebrate this joyous occasion, as well as a commemorative video and this booklet to reiterate our core values and celebrate our achievements with all our Fellows, trainees, colleagues and friends.

We have envisioned incredible innovation in obstetric and gynaecological care, including diagnostic, therapeutic and surgical advances, as well as in professional and patient communication. Of note, significant progress has been made in the area of genetics and genomics. Its application in research and clinical practice is rapidly expanding. With full support from the HKSAR Government, our College is also involved in the development and training of genomic medicine in Hong Kong. In response to the varying demands in training and service provision, we are also adapting by relying more on simulation models in teaching and training. Our College has also brought our experience to the Greater Bay Area and supports the National goal of training medical specialists to international standards.

Over the past years, we have sailed through the pandemic and combatted the unique and novel obstetric challenges from the social unrest and COVID-19. We have strengthened our professional education by providing timely scientific guidelines and information to healthcare workers and the

community.

The lockdown measures did not stop us from continuous medical education. Post-graduate learning activities and seminars have been conducted online and in hybrid mode, making international involvement across time zones feasible.

Our 35th Anniversary International Conference will be held at Kerry Hotel on 24-26 November 2023. We are delighted to resume physical meetings and have invited local and international leaders and experts to join us at the Pearl of the Orient to exchange knowledge and experience. To our Fellows, trainees, colleagues and friends, your support and participation in our celebratory activities would certainly make our anniversary memorable and meaningful.

Following the wisdom, foresight, and example of our past presidents, council, and colleagues, let us remember our mission and vision to provide excellent obstetric and gynaecological services in Hong Kong in the years to come. Thank you for the tremendous work everyone has done throughout the years. Together, we will continue to reach new heights!



*Kevan*

*Dr. Karen Kar Loen CHAN  
President*

*Hong Kong College of Obstetricians and  
Gynaecologists*

# Congratulatory Messages



On behalf of the Hong Kong Academy of Medicine (Academy), I wish to convey my heartiest congratulations to the Hong Kong College of Obstetricians and Gynaecologists on its 35<sup>th</sup> Anniversary, a special occasion to celebrate the monumental achievements through organising the International Conference.

The 3-day Conference gathers notable speakers, renowned healthcare leaders and professionals specialising in obstetrics and gynaecology from around the world. My sincere thanks go to the College for their much-appreciated efforts in designing a programme with a vibrant mix of practical and clinically relevant topics, as well as providing a platform to share important recent developments and advances within the speciality.

The College has come a long way in advancing the postgraduate education and structured training in obstetrics and gynaecology through global partnerships to encourage academic and research collaborations and knowledge exchange. It echoes the Academy's unique statutory duties in developing and maintaining professional competence of specialists.

I look forward to seeing the College, with 35 years of outstanding accomplishments and achievements, continue to embrace prosperity, to overcome challenges and to scale new heights in the many years to come.

I wish you all many fruitful exchanges and the Conference a great success.



Nurturing Specialists for  
30 Years: Guarding the  
Health of the Community  
育才三十載  
杏林澤香江

*Professor Gilberto Ka-kit Leung*  
*President*  
*Hong Kong Academy of Medicine*



# Congratulatory Messages



On behalf of the Royal College of Obstetricians and Gynaecologists and as its President, I am delighted to congratulate the Hong Kong College of Obstetricians and Gynaecologists on the occasion of its 35th Anniversary. It gives me great pleasure to participate in the celebratory conference, which marks this great anniversary. The RCOG and the Hong Kong College of Obstetricians and Gynaecologists have a long-standing relationship and I am proud that RCOG holds the Hong Kong College as one of its most valued and trusted partners.

Since the HKCOG was established 35 years ago, it has contributed so much towards promoting the study and advancement of the science and practice of O&G, ensuring the highest professional standards of competence and ethical integrity. We look forward to continuing to work together to improve the health of women and girls in Hong Kong and globally.

We wish you great success in the coming years and many congratulations once again on this auspicious anniversary.

*Dr. Ramee Thakar*  
*President*



Royal College of  
Obstetricians &  
Gynaecologists

*Royal College of Obstetricians and Gynaecologists*

# Congratulatory Messages



On behalf of the American College of Obstetricians and Gynecologists, we extend our congratulations on this 35<sup>th</sup> Anniversary of the Hong Kong College of Obstetricians and Gynaecologists. We are delighted to be present to participate in this excellent meeting. We are honored to be invited to the Anniversary celebration. We wish you many years of continued success.



*Verda Hicks, MD FACOG FACS*

*President*

*The American College of Obstetricians and Gynecologists*



# Congratulatory Messages

This milestone also bears testimony to the considerable achievements and important contributions by the HKCOG to education, scholarship, research and above all clinical innovations and improved outcomes in women's health in Hong Kong. Indeed, the clear priority placed on audit, patient safety and quality assurance inspire other colleges including COGS to emulate your high standards, and the many excellent guidelines are a valuable resource to practitioners well beyond the shores of Hong Kong. The scientific programme with its formidable faculty lineup for this conference, not only represents the world class standing of HKCOG, but also show its commitment to addressing current challenges in Obstetrics and Gynaecology.

COGS has had the privilege of engaging HKCOG on many occasions, particularly in postgraduate medical education, and many illustrious HKCOG Fellows have participated in our Singapore conferences. It is my sincere hope that both our colleges continue to cultivate a closer collaborative relationship in our shared mission and commitment to improving, optimising and advocating for women's health.



College of Obstetricians and  
Gynaecologists, Singapore

*A/Prof Tan Lay Kok*  
*President, College of Obstetricians and Gynaecologists Singapore*

# Congratulatory Messages

On behalf of the College of Obstetricians and Gynaecologists Academy of Medicine of Malaysia (COGAMM), I would like to express my sincere congratulations to the Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on the 35<sup>th</sup> anniversary celebration.

Over the years, the HKCOG has served its role well in taking great care of the rising needs in the specialty, the development of subspecialties, the emphasis on continuous medical education, the concerns on risk management, and nurturing the young fellows and trainees.

What better way of celebrating the anniversary than holding a stimulating and exciting congress on various aspects of women's health! The resumption of the physical attendance during the congress this year following the years of zoom and google meetings during the pandemic is also timely in rekindling friendship and networking amongst members of the fraternity.

I wish the Congress a great success and a fruitful meeting for the participants.

Your sincerely



*PROFESSOR DATUK DR SITI ZAWIAH OMAR*  
*President*  
*College of Obstetricians and Gynaecologists*  
*Academy of Medicine of Malaysia*





# Congratulatory Messages



香港婦產科學院三十五週年誌慶

杏 翹  
績 賢  
煥 懋  
彰 集

醫務衛生局局長盧寵茂



# Congratulatory Messages



醫院管理局  
HOSPITAL  
AUTHORITY

香港婦產科學院三十五週年誌慶

仁醫蒼萃  
匠育護生

醫院管理局行政總裁高拔陞





# Congratulatory Messages



It gives me great pleasure to extend my warmest congratulations on the 35<sup>th</sup> Anniversary of the Hong Kong College of Obstetricians and Gynaecologists!

This Anniversary International Conference offers a great opportunity for worldwide professionals in the specialty to reconnect in person as we emerge from the Covid-19 crisis. While it is essential for practising professionals to sharpen their skills and keep

up with the latest research and technological advancements, it is equally important to recruit well-trained, high-calibre new cohorts into this specialty as well. Over the years, the College has been working tirelessly to maintaining the academic standards of postgraduate students to par with their international counterparts through rigorous training. This is an enormous contribution to which many of us owe a token of gratitude.

The LKS Faculty of Medicine of the University of Hong Kong attaches great importance to our collaboration with the College. We look forward to working more closely with the College in promoting medical education, training and research, as well as addressing the health challenges together.

Once again, happy anniversary! And I wish you all a fruitful and inspiring conference.

*Professor Chak-sing Lau  
Dean of Medicine  
The University of Hong Kong*

# Congratulatory Messages



On behalf of the Faculty of Medicine at The Chinese University of Hong Kong, I would like to extend my heartfelt congratulations to the Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on its 35<sup>th</sup> anniversary.

Over the years, HKCOG has played a pivotal role in nurturing the professional growth and development of obstetricians and gynaecologists, while championing excellence in women's healthcare in Hong Kong. Its commitment to encouraging the study and advancement of this discipline has been instrumental in promoting knowledge exchange, research, and innovation among its members and the wider medical community, shaping the landscape of women's healthcare in Hong Kong. There is a saying that, while obstetrics and gynaecology may seem to serve women mainly, obstetricians and gynaecologists in fact welcome all humans to this beautiful world when they are newborns. HKCOG's dedication to excellence has not only benefitted its members but has also had a profound impact on the lives of countless people, not just women, in Hong Kong.

May the 35<sup>th</sup> Anniversary International Conference serve as a platform for exchanging knowledge and best practices and fostering fruitful discussions and collaborative initiatives.



*Professor Francis KL Chan  
Dean, Faculty of Medicine*

*Choh-Ming Li Professor of Medicine & Therapeutics  
The Chinese University of Hong Kong*





# Congratulatory Messages



On behalf of The Hong Kong College of Anaesthesiologists, I am delighted to extend my heartfelt congratulations to the Hong Kong College of Obstetricians and Gynaecologists on the occasion of your 35th anniversary.

In the last three and a half decades, your College has been at the forefront of training and continuing professional development in Obstetrics and Gynaecology, nurturing high calibre specialists to serve the community of Hong Kong. The College's glorious history is full of outstanding achievements.

Our colleagues from both our Colleges work closely together in our clinical work and we share common interests and aims in achieving high standard clinical care and medical education such as competency-based medical education and simulation-based learning. We have collaborated in these areas and I am sure our partnership will continue to grow further.

I extend our best wishes to the Hong Kong College of Obstetricians and Gynaecologists on this happy occasion, and look forward to your continued success in the years ahead.



*Dr So Hing Yu*  
*President*  
*The Hong Kong College of Anaesthesiologists*

# Congratulatory Messages

It gives me great pleasure to congratulate the auspicious occasion of the 35<sup>th</sup> Anniversary of Hong Kong College of Obstetricians and Gynaecologists.

Hong Kong College of Obstetricians and Gynaecologists excels in promoting the advancement of knowledge in the science and practice of obstetrics and gynaecology in Hong Kong. It upholds the training standard and educates our public about the importance of gynecological health.

I wish the Hong Kong College of Obstetricians and Gynaecologists a very memorable 35th Anniversary and every success in its endeavors for many years to come.



*Dr PANG Fei Chau*  
*President*  
*Hong Kong College of Community Medicine*



# Congratulatory Messages



On behalf of the College of Dental Surgeons of Hong Kong, I extend my warmest congratulations to the Hong Kong College of Obstetricians and Gynaecologists on its 35<sup>th</sup> Anniversary.

Over the past three and a half decades, the Hong Kong College of Obstetricians and Gynaecologists has played a vital role in advancing the field of obstetrics and gynaecology and has been instrumental in promoting the health and well-being of women in Hong Kong and beyond. The College's unwavering commitment to excellence in education, research, and patient care has been commendable, and its contributions had a profound impact on the medical community and it served as a benchmark for other institutions. I am certain that the College will continue to endeavour in maintaining a high standard of women's healthcare and training of world class specialists to meet the escalating need of the community.

Once again, congratulations to the College on this momentous occasion and I wish the College every success in the years to come.

*Dr. Simon Kam Yuen HO*  
*President*

*College of Dental Surgeons of Hong Kong*



# Congratulatory Messages



As the president of the Hong Kong College of Emergency Medicine, it is my great honour to convey my heartiest congratulations to the Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on the occasion of its 35<sup>th</sup> Anniversary. HKCOG has been unwavering in its commitment to reproductive health, maternal care, and improved pregnancy outcomes. Ever since its establishment in 1988, HKCOG has been leading the way in providing unparalleled professional education and specialised training to generations of obstetricians-gynaecologists. HKCOG is committed to empower obstetricians-gynaecologists to their full potential in serving the increasingly diverse patient populations.

HKCOG's unyielding efforts and dedication in sustaining competitive advantages, and upholding the highest standards of obstetricians and gynaecologists in Hong Kong has been monumental and greatly appreciated. On this remarkable milestone of 35 years of excellence and cherished memories, I wish HKCOG much success in the decades to come, and I look forward to many more years of collaboration as we work together to improve the health of the population in Hong Kong and beyond.



*Dr WU Wing Yee Clara*  
*President*  
*Hong Kong College of Emergency Medicine*





# Congratulatory Messages



On behalf of the Hong Kong College of Family Physicians, I would like to like to send our warmest congratulations to the Hong Kong College of Obstetricians and Gynaecologists in celebration of your 35<sup>th</sup> Anniversary.

Since the Hong Kong College of Obstetricians and Gynaecologists' establishment in 1988, the College has been dedicated to promoting excellence and innovation in women's health care, education, training, research, and professional development. The College has also been actively involved in local and international collaborations, exchanges, and advocacy.

As sister colleges of the Hong Kong Academy of Medicine, we share the same objective of ensuring good clinical practice with highest professional competence and standards. With the current Healthcare Reform, our Colleges will have more opportunities to collaborate and to provide further training opportunities for our younger generations of doctors.

Many congratulations again to the Hong Kong College of Obstetricians and Gynaecologists for your 35<sup>th</sup> Anniversary and wishing you many prosperous and successful years ahead!



*Dr David VK CHAO*  
*President*

*The Hong Kong College of Family Physicians*

# Congratulatory Messages



On behalf of the College of Ophthalmologists of Hong Kong, I extend my warmest congratulations to the Hong Kong College of Obstetricians and Gynaecologists on the occasion of your 35<sup>th</sup> Anniversary. This significant milestone not only commemorates the achievements of the past but also heralds a future of continued success and excellence in the field of obstetrics and gynaecology.

Over the past 35 years, the Hong Kong College of Obstetricians and Gynaecologists has played an important role in advancing women's health and promoting excellence and safe practice in obstetric and gynaecological care. It is largely thanks to the tireless efforts of the work of the fellows of the College that Hong Kong has been able to achieve one of the world's lowest infant mortality rates. This demonstrate the College's unwavering dedication to the highest standards of professional competence and ethical conduct.

May the 35<sup>th</sup> Anniversary International Conference be a resounding success, filled with enlightening discussions, inspiring presentations, and fruitful collaborations. I have no doubt that the event will leave a lasting impact on all who attend, further contributing to the advancement of obstetrics and gynaecology.

Wishing the Hong Kong College of Obstetricians and Gynaecologists continued success in your important mission.



*Dr. Emily Yeung*  
*President*  
*The College of Ophthalmologists of Hong Kong*



# Congratulatory Messages



On behalf of the Hong Kong College of Orthopaedic Surgeons, I am deeply honoured and truly delighted to send my hearty congratulation to the Hong Kong College of Obstetricians and Gynaecologists on reaching the 35<sup>th</sup> anniversary.

Over these thirty-five years, together you have made remarkable contributions in training and education toward professional development in the field, to the benefit of our whole community.

We wish you all a fruitful and memorable anniversary, and also continued success in your future endeavours.



*Dr. LAW Sheung Wai*  
*President*

*The Hong Kong College of Orthopaedic Surgeons*

# Congratulatory Messages



On behalf of the Fellows and members of the Hong Kong College of Otorhinolaryngologists, I would like to extend our heartfelt congratulations to the Hong Kong College of Obstetricians and Gynaecologists on this auspicious occasion.

Since its establishment in 1988, the Hong Kong College of Obstetricians and Gynaecologists has played a pivotal role in maintaining the highest standard of practice and functioning as an authoritative body for advancing knowledge in the field of Obstetrics and Gynaecology. In addition, she has consistently made substantial efforts in promoting scientific research and implementing state-of-the-art practices in Obstetrics and Gynaecology in Hong Kong.

We have utmost confidence that the College's achievements will continue to soar with the dedicated support of your Fellows, members and the capable leadership of the Council of the College of Obstetricians and Gynaecologists. I wish the College continuous success in all future endeavours.



*Dr. Chi-man NGAI  
President*

*The Hong Kong College of Otorhinolaryngologists*





# Congratulatory Messages



On behalf of the Hong Kong College of Paediatricians, I am most privileged to extend my heartfelt congratulations to the Hong Kong College of Obstetricians and Gynaecologists on your 35<sup>th</sup> anniversary.

The intricate and harmonious connections between obstetrics and paediatrics are profoundly unique, as we collaboratively guide the journey of life from inception through to adolescence. Our shared objectives of promoting the health of mothers and children reflect the vital interconnectedness of our disciplines.

We have admired your substantial progress over the past three and a half decades. The dedication your Fellows have shown towards enhancing the well-being of women and infants is inspiring.

As we step into the future, let's further strengthen our collaboration, embracing a unified approach in research, education, and clinical practice. United, we can better navigate the evolving landscape of medicine, driven by our shared goal of optimal health outcomes for mothers and children.

Once again, we congratulate you on this significant milestone. Here's to many more years of synergy and collective advancement.



*Professor Simon Lam  
President,  
Hong Kong College of Paediatricians*

# Congratulatory Messages



Congratulations to The Hong Kong College of Obstetricians and Gynaecologists for your 35th Anniversary!

Fellows of The Hong Kong College of Pathologists have been working closely with Fellows of your College all these years. Other than providing laboratory service and related consultation to your profession, there have always been strong ties in research collaboration and cross-specialty training for Fellows of our Colleges. With the rapid advancement in genetic and genomic medicine, there are increasing opportunities to work together, especially in the fields of maternal & fetal medicine and gynaecological oncology.

As sister Colleges under the Hong Kong Academy of Medicine, we back each other up on issues common to our Colleges and to the medical profession. Our College will continue to support the College of Obstetricians and Gynaecologists in the future. Congratulations once again!

*Dr. CHAN Chak Lam, Alexander*  
*President, The Hong Kong College of Pathologists*





# Congratulatory Messages



On behalf of the Council of the Hong Kong College of Physicians, it gives me great pleasure in congratulating the Hong Kong College of Obstetricians and Gynaecologists on its 35<sup>th</sup> anniversary.

Since its inception in 1988, the Hong Kong College of Obstetricians and Gynaecologists has played a crucial role in advancing the science and practice of obstetrics and gynaecology in Hong Kong, and in assuring the perpetuation of excellent professional standards in the field.

Our College wishes the Hong Kong College of Obstetricians and Gynaecologists continued success in the years to come.



*Prof CHAN Tak Mao Daniel  
President  
Hong Kong College of Physicians*

# Congratulatory Messages



On behalf of the Hong Kong College of Psychiatrists, it gives me great pleasure to convey our hearty congratulations to the Hong Kong College of Obstetricians and Gynaecologists on its 35th Anniversary. Since its inception in 1988, the Hong Kong College of Obstetricians and Gynaecologists, has evolved and endeavoured in the provision of professional specialists training and continuing professional development for Obstetricians and Gynaecologists clinicians in Hong Kong over the past 35 years. Over the years, psychiatrists and clinicians in Obstetricians and Gynaecologists have been working in combined efforts in the prevention of and fighting against psychiatric illnesses in association with pregnancy such as postnatal depression. We have witnessed through the Comprehensive Child Development Service (CCDS) under the Hospital Authority that early identification and management of maternal postnatal depression has been essential for the health and well-being of the mother, her child and family as a whole. We look forward to further strengthening our partnership in improving the professionalism of our medical personnel as well as promoting quality health care services to the needs of our citizens and wish the Hong Kong College of Obstetricians and Gynaecologists every success in your future endeavours



*Dr CHIU Siu-ning*  
*President*

*The Hong Kong College of Psychiatrists*





# Congratulatory Messages



On behalf of Hong Kong College of Radiologists, it is my great pleasure to congratulate The Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on her 35<sup>th</sup> Anniversary.

The incorporation of HKCOG in May 1988 marked a milestone in the establishment of a local professional body for the promotion of training and development in obstetrics and gynaecology (O&G), as well as the related matters with public interest. HKCOG has successfully accomplished the mission of advancement of knowledge in the field of O&G and its associated disciplines in Hong Kong.

I would also like to congratulate HKCOG in the provision of specialist training in O&G. In particular, the collaboration with the Royal College of Obstetricians and Gynaecologists (UK) in Conjoint Examination has demonstrated the commitment to high standards in education and training of young O&G specialists. The Hong Kong public and the wider healthcare profession have witnessed and benefited from the highest standard of practice of O&G.

The immense contributions of your esteemed College are in no doubts the results of the enthusiastic and concerted efforts of your members and your committed Council. My warmest congratulations to you all and my best wishes on all your endeavours in the coming years.

*Dr. Wong Yiu Chung  
President*

*Hong Kong College of Radiologists*



# Congratulatory Messages

On behalf of The College of Surgeons of Hong Kong, we are thrilled to convey our warmest congratulations to the Hong Kong College of Obstetricians and Gynaecologists as you celebrate your 35<sup>th</sup> anniversary.

Throughout these past 35 years, HKCOG has consistently championed the highest standards of medical practice, exceptional clinical judgment, and unwavering professional development. This significant milestone offers a momentous opportunity to reflect upon your extraordinary achievements and steadfast commitment to excellence in contributing to medical literature, disseminating knowledge, and nurturing future generations of healthcare professionals. Your dedication to the advancement of obstetrics and gynaecology has undoubtedly demonstrated the powerful impact that can be achieved when a community of devoted professionals collaborates.

As you commemorate this outstanding milestone, we extend our heartfelt congratulations and express our best wishes for the HKCOG's continued success, growth, and a future filled with even greater accomplishments as you embark on the next 35 years and beyond!



*Prof. Kent-man Chu*  
*President*  
*The College of Surgeons of Hong Kong*



# Congratulatory Messages



Congratulations to the College of Obstetrics and Gynaecology on its 35<sup>th</sup> Anniversary! The College has achieved tremendous growth in professional development and standard of practice in the field throughout these years! The work of the College is marvelous and appreciable!

Happy anniversary!

Yours sincerely,

*Dr. LEE Lai Yin, Irene  
Chairman of Midwives Council of Hong Kong*

# Congratulatory Messages

Hong Kong College of Obstetricians and Gynaecologists has been brilliant in the last 35 years in the training of O&G specialists/ sub-specialists and setting service standards.

As the president, I would like to congratulate HKCOG on behalf of the Obstetrical and Gynaecological Society of Hong Kong. As the fraternity of our specialty, OGSHK and HKCOG share similar missions in providing education and training to uphold our standards. I am sure that our special bond will continue to flourish and contribute to the future development of our specialty and overcome all the upcoming challenges.

At the same time, as the President of the Hong Kong Gynaecological Endoscopy Society, I would like to extend our congratulations to HKCOG on behalf of the society. Endoscopic surgeries have been one of the breakthroughs in our specialty and the whole surgical stream. Thousands and thousands of patients have benefited from the improved safety and fast recovery. HKCOG and HKGES have been the leading parties in promoting the training and practice of endoscopic surgery with close partnership.

With the curriculum reform on the way. I am sure our specialty will grow even stronger under the guideline of the College. I look forward to more achievements from the College in the coming decades.

Regards



*Dr Tang Kwok Keung*  
*President*  
*Obstetrical and Gynaecological Society of Hong Kong (OGSHK)*  
*and Hong Kong Gynaecological Endoscopy Society (HKGES)*



# Congratulatory Messages



It gives me great pleasure, on behalf of the Hong Kong Society for Colposcopy and Cervical Pathology (HKSCCP), to extend my heartiest congratulations to the Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on its 35<sup>th</sup> anniversary. Ever since its founding in 1988, HKCOG had made remarkable contributions to the field of O&G, developing professional training and safeguarding the standards of O&G practice in Hong Kong. HKCOG provides and monitors O&G specialist and sub-specialists training in Hong Kong to nurture future O&G doctors. It maintains the standards through courses, conferences, exams, audits, guidelines publication and accreditation systems. HKCOG has always been the lead for the Hong Kong O&G community in times of crisis such as professional indemnity and Covid 19 pandemic, to name a few. HKCOG also has strong collaborations with local and regional O&G organizations. HKSCCP all along has a close working relationship with HKCOG, especially on cervical screening standards and colposcopy training and accreditation. HKSCCP will continue to work hand in hand with HKCOG for the betterment of the O&G profession in future. On this very special occasion, I applaud HKCOG on its distinguished past and wish the College a continued success in the years to come.

*Dr. Jacqueline Lee Ho Sze*  
*President*



The Hong Kong Society for  
Colposcopy and Cervical Pathology

*The Hong Kong Society for Colposcopy and Cervical Pathology*

# Congratulatory Messages



Congratulations to the Hong Kong College of Obstetricians and Gynaecologists (HKCOG) on their 35th Anniversary International Conference! As the President of the Hong Kong Society for Reproductive Medicine, I congratulate the College for their commitment to advancing Obstetrics and Gynaecology. This conference serves as a platform for experts worldwide to share scientific advancements, discuss emerging trends, and foster collaborations. We are proud to be part of this shared mission to improve women's healthcare. Wishing the conference great success in furthering our collective efforts in the field of Obstetrics and Gynaecology.

Yours Sincerely,



*Dr. Jacqueline Chung*  
*President, Hong Kong Society for Reproductive Medicine*



## Congratulatory Messages



On behalf of the Hong Kong Society of Ultrasound in Medicine, I would like to congratulate the 35<sup>th</sup> Anniversary of the Hong Kong College of Obstetricians and Gynaecologists (HKCOG). All along, HKCOG is committed to ensure the highest professional standards of competence and ethical integrity. Its role in education, examination, accreditation, risk management, development of specialty and subspecialties are critical.

Hong Kong Society for Ultrasound in Medicine is pleased to support 35<sup>th</sup> HKCOG anniversary conference. This international conference will provide high-quality continuous medical education, and a golden opportunity for colleagues from different disciplines and sectors to meet.

Wish 35<sup>th</sup> HKCOG anniversary conference a success!

*Dr. LEUNG Kwok yin*

*President, Hong Kong Society for Ultrasound in Medicine*



# Congratulatory Messages



This year marks the 35<sup>th</sup> anniversary of Hong Kong College of Obstetricians and Gynecologists. On behalf of the Hong Kong Urogynaecology Association, we would like to express our sincere congratulations on reaching such a remarkable milestone.

Your commitment to fostering the professional development of O&G services in HK, upholding the highest quality of professional care and encouraging innovations have been highly appreciated. Over the past three and a half decades, your accomplishments and contributions have set a high standard for others in the field.

As you continue with your journey, we have no doubt that you will continue to lead your way in shaping the future of medicine in our O&G specialty locally and internationally.

Once again, congratulations on your remarkable and outstanding milestone. We also extend our heartfelt thanks to each and every presidents and members of the college, past and present, for the invaluable contributions.



*Dr Ceclia Willy Cheon*

*President*

*Hong Kong Urogynaecology Association*





# Establishment of HKCOG

# Past

When the postgraduate training in Obstetrics and Gynaecology was first started in Hong Kong, it was modelled after the British system. There was no local professional body to award postgraduate professional degrees. The trainees in obstetrics and gynaecology had to undergo the training as stipulated by the Royal College of Obstetricians and Gynaecologists (RCOG), go to London to sit for and pass the Membership Examination organised by the RCOG to become Members of the Royal College of Obstetricians and Gynaecologists (MRCOG).

As the size of this group of doctors grew, the RCOG considered it fit to establish a local Reference Committee which would be responsible for the supervision of training and inspection of training posts, and for making recommendations to the College Hospital Recognition Committee. In 1977, Professor HK Ma was appointed by the RCOG to head the first local Reference Committee of the RCOG in Hong Kong.

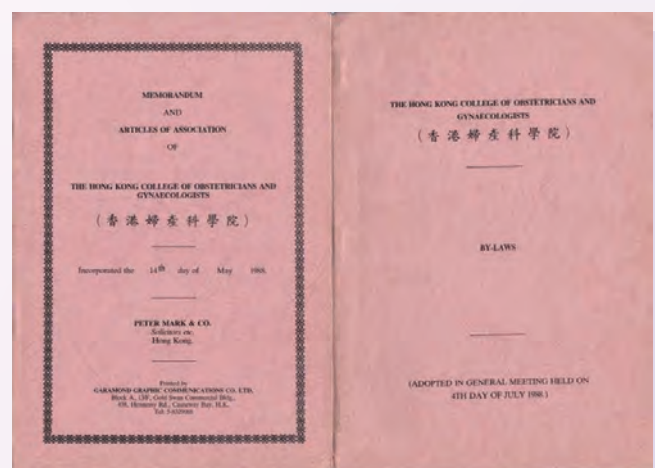
Members of the early Reference Committees were entirely appointed from London directly. In 1983, the Reference Committee was renamed the Representative Committee. The chairperson was to be a Fellow appointed by the RCOG while committee members were elected through open election by all Members and Fellows in Hong Kong.

In 1985, the Hong Kong Representative Committee of RCOG felt that in view of the Sino-British Agreement, it was time to consider the possibility of establishing a local body for the recognition and supervision of postgraduate training in obstetrics and gynaecology in Hong Kong. A Working Party on Future Postgraduate Training in Obstetrics and Gynaecology in Hong Kong was established by the Representative Committee for this purpose. It was echoed by the enthusiastic support from

Members and Fellows to be independent, setting our own standards and doing our own accreditation of specialists in Obstetrics and Gynaecology. The Committee then proceeded to setting up Hong Kong's own College from scratch. It was no child's play. Fortunately, we did have a role model in the London College to follow. We borrowed the Memorandum and Articles of Association of the RCOG and adapted it to the Hong Kong milieu.

The Hong Kong College of Obstetricians and Gynaecologists was incorporated as a Company Limited by Guarantee and not having a Share Capital. The Registrar of Companies granted a special license for the word "Limited" to be omitted from the full name of the company. After incorporation, the first Council Meeting was held on 7<sup>th</sup> June 1988 at Room 430 Man Yee Building, Central, when the office bearers were elected. The first AGM was held on 4<sup>th</sup> July 1988 at the Jade Ballroom of the now extinct Furama Hotel, Central.

At the time, our College had a total of 165 members. With the formation of the HK Academy of Medicine in 1993, the HKCOG became one of the 12 Founding Colleges with 220 members of the HKCOG becoming Foundation Fellows of the Academy.





The First HKCOG AGM

*From left to right:*

*(Back row)*

Dr. Joseph Woo, Dr. L.C. Ho, Prof. Allan Chang,  
Dr. Nancy Fok, Dr. L.C. Wong, Dr. Pamela Leung,  
Dr. Felix Wong, Dr. Francis Batson.

*(Front row)*

Dr. Robert Law, Dr. K.K. Chow, Dr. Enid Chan,  
Prof. H.K. Ma, Dr. P.C. Ho, Dr. Vivian Wong.



Members casting their votes at the first AGM

## The Objects for which the College is established are:

- To encourage the study and advancement of the science and practice of obstetrics and gynaecology in Hong Kong;
- To develop and maintain the good practice of obstetrics and gynaecology by ensuring the highest professional standards of competence and ethical integrity.

## 香港婦產科學院成立之主旨在於：

- 「鼓勵香港婦產科之科學研究及執業實踐；
- 發展並保障優質之婦產科專業水平，確保最高之專業執業標準和道德操守。」



# The HKCOG logo

**Pink** was added as representing the colour of *Bauhinia blakeana*, the floral emblem of Hong Kong.



**Blue** and **black** were taken as representing day and night, since we work day and night to take care of our O&G patients.

We obstetrician-gynaecologists work **day-and-night** for Hong Kong



*Our College would not have flourished and reached the prosperities of today without the selfless contribution and continual nurturing by our respectable seniors.*

## Past Presidents and Honorary Fellows of the College

Professor MA Ho-Kei, founder of the Hong Kong College of Obstetricians and Gynaecologists (HKCOG), is highly respected figure in our profession. She embarked on a remarkable career spanning several decades, rising from Lecturer to Head of the Department and Dean of the Faculty, the University of Hong Kong. She was appointed Professor Emeritus on her retirement in 1995.

At the forefront of medical advancements, Professor Ma introduced ground-breaking technologies, revolutionizing the scientific approach to endocrine disorders and trophoblastic diseases. Professor Ma was well known for the highly disciplined approach she introduced to quality control and training in our specialty. Her guidance had the most profound effect on many of us today. She also established the Hong Kong O&G Trust Fund, which supports research in our specialty in Hong Kong.

Professor Ma was a key founding member of the Hong Kong Academy of Medicine. She served in many organisations including The Family Planning Association and Anti-Cancer Society. She was entrusted by the government and community locally as well as internationally. She received professional appointments at the World Health Organisation (WHO), International Federation of Gynaecology and Obstetrics (FIGO) and Asia-Oceania Federation of Obstetrics and Gynaecology (AOFOG). Her dedication leaves an indelible mark on medical education, research, and the well-being of women worldwide. She was appointed Justice of Peace in 1978 and awarded the Commander of the Most Excellent Order of the British Empire (CBE) in 1996.

Her dedication surely leaves an indelible mark on medical education, research, and the well-being of women worldwide.



**Professor  
MA Chung Ho Kei**

*President 1988-1991,  
Hon. Fellow 1998*



Professor Allan Chang was a medical graduate from University of Sydney in 1964. He obtained his MRCOG in 1970 and earned his PhD from Monash University in 1976.

Professor Chang was the Foundation Chair of the new medical school at The Chinese University of Hong Kong in 1982, where he served for 18 years.

Amongst many of his leadership roles were President of the HKCOG, Vice President of the Hong Kong Academy of Medicine, Chief Executive of the NTE Cluster of the Hospital Authority, and Clinical Sub Dean of the Faculty of Medicine at The Chinese University of Hong Kong. His vision also led to the HKCOG's successful establishment of independence from the RCOG and the substantiation of a conjunctive specialty examination.



Professor  
**CHANG Mang Zing  
Allan**

*President 1992-1994,  
Hon. Fellow 2006*

Dr. Leung Ming Kuen, Pamela had been an outstanding scholar since her student days. She studied medicine on a Hong Kong Government Scholarship at the University of Hong Kong from 1962-1967 and graduated with distinctions in Physiology, Pharmacology and Pathology. She then embarked on a career in O&G at Tsan Yuk Hospital and Queen Mary Hospital.

She was appointed Consultant and Head of the Department of Obstetrics & Gynaecology, Alice Ho Miu Ling Nethersole Hospital in 1980. When the Hospital was relocated to the Eastern District as the Pamela Youde Nethersole Eastern Hospital in 1993, she was appointed its first Hospital Chief Executive. In 2001, she became the first Cluster Chief Executive under the Hospital Authority when the Hong Kong East Cluster was established.

She initiated a territory wide perinatal audit back in the 1980s. Under her leadership our College conducted the first territory-wide audit on O&G services in the private and public hospitals in Hong Kong in 1994, a feat unparalleled among all other specialties.

Throughout her career, Dr. Leung held many influential positions at the HKCOG, Hong Kong Academy of Medicine and the Family Planning Association. Her deep engagement with voluntary work was especially commendable and she was appointed Justice of the Peace in 1997.



Dr **LEUNG Ming  
Kuen Pamela**

*President 1995-1997,  
Hon. Fellow 2009*

Professor Ho Pak Chung graduated from The University of Hong Kong in 1974 with distinction in Obstetrics and Gynaecology and was awarded the Gordon King Prize. He obtained his RCOG membership in 1979, MD degree at the University of Hong Kong in 1992. He was the Chair Professor of Obstetrics and Gynaecology at The University of Hong Kong.

Throughout his career, Professor Ho's research focused on reproductive medicine, particularly in the areas of medical abortion, emergency contraception, subfertility treatment, ovarian stimulation, and endometrial receptivity. His group was the first one to demonstrate pharmacokinetics of sublingual misoprostol and the effectiveness of levonorgestrel, which brought to improvements in the regimens and efficacy of medical abortion and emergency contraception worldwide. Professor Ho led the team at Queen Mary Hospital to become one of the largest assisted reproduction programs in Hong Kong, with comparable pregnancy rates to leading centres in the world.

He has also held numerous prestigious positions, which included President of HKCOG, Chairman of the World Health Organization Research Group on Post-ovulatory Methods of Fertility Regulation, President of the Asia Oceania Federation of Obstetrics and Gynaecology and many more.



**Professor  
HO Pak Chung**

*President 1998-2000,  
Hon. Fellow 2009*

Dr. Ho Lau Cheung, a notable figure in the field of O&G, witnessed the birth of the HKCOG and had nurtured her throughout. He was the founding Council member and President of HKCOG from 2001 to 2003.

Dr. Ho was a consultant and Head of Department at Princess Margaret Hospital for an extensive period. Throughout his tenure, Dr. Ho adeptly guided a dedicated team of doctors, who hold immense respect and admiration for him to this day.

In 2003, Hong Kong faced the formidable challenge of the SARS virus epidemic. As the President of HKCOG during that critical period, Dr. Ho introduced emergency measures aimed at ensuring the continuum and standard of training for our specialty trainees. In addition, his contribution to the implementation of a comprehensive subspecialties framework laid the foundation for the organisational structure of the College.

Among the numerous contributions made to the College, he established the Dr. LC Ho Award— an annual accolade bestowed upon the highest achiever at the Intermediate Structured Oral Examination.



**Dr HO Lau Cheung**

*President 2001-2003*



Dr. Tang Chang Hung, Lawrence is a highly accomplished medical professional with a passion in reproductive endocrinology and infertility.

He was a clinical lecturer at the University of Birmingham and a senior lecturer at the University of London. On his return to Hong Kong in 1991, he was appointed Consultant at Princess Margaret Hospital and later appointed Chief of Service and Hospital Chief Executive of Kwong Wah Hospital and Wong Tai Sin Hospital, where he worked till his retirement.

Dr. Tang's career encompasses significant achievements in academia and has held many leadership positions, including serving as the President of the HKCOG from 2004 to 2006. He was also involved in the establishment of several societies, such as The Hong Kong Gynaecological Endoscopy Society and The Hong Kong Society for Reproductive Medicine.



**Dr TANG Chang Hung Lawrence**

*President 2004-2006,  
Hon. Fellow 2013*

Professor Chung Kwok Hung, Tony was born in Sabah, Malaysia, and moved to Australia since the age of 12, where he obtained his MBBS degree in 1977. He completed his specialist training in O&G before relocating to Hong Kong in 1989.

He was appointed as the Chairman of the Department of O&G at the Chinese University of Hong Kong, a position he held until 2013. Additionally, from 1999 to 2007, he served as the Chief of Service in O&G at the Prince of Wales Hospital.

Professor Chung made significant contributions to the HKCOG throughout his career, including serving as President from 2007 to 2009. He advocated for inclusive and comprehensive development of O&G training in Hong Kong. He had published more than 900 papers with more than 14,000 citations. He had served on the Medicine and Biology Panel of the Research Grants Council of Hong Kong, and the Health and Medicine Research Fund of the Hong Kong Government, testifying the high regard he held in the scientific community.

Internationally recognized for his contributions, Professor Chung was awarded Honorary Fellowships by the RCOG in 2003 and the Academy of Medicine of Singapore in 2007. He also holds an Honorary Professorship at the Sydney Medical School.



**Professor CHUNG Kwok Hung Tony**

*President 2007-2009,  
Hon. Fellow 2014*

Professor Ngan Yuen Sheung, Hextan graduated from The University of Hong Kong in 1978. She underwent further training in Gynaecological Oncology and in 1993, she was the first RCOG certified gynaecological oncology subspecialist in Hong Kong. Her thesis in tumour marker for cervical cancer led to the award of her MD degree in 1995.

In 2009, she became the Head and Chief of Service, O&G at the University of Hong Kong and Queen Mary Hospital. With the opening of the HKU-Shenzhen Hospital, Professor Ngan took up the position of Chief of Service in O&G in 2012 and established the O&G service in this new hospital.

Internationally, Professor Ngan played a crucial role as the Chairman of the Gynaecological Oncology Committee for FIGO from 2000 to 2006. Her leadership led to the revision of staging guidelines for cervical, endometrial, and vulval cancers, and guidelines influencing practices in gynaecological cancer management.

Locally, she was the founding president of HK Society for Colposcopy and Cervical Pathology (HKSCCP), which in collaboration with HKCOG, set the standards of colposcopy service in Hong Kong. She also worked closely with the government for the establishment of the local cervical screening programme. She was also the chairperson of the Family Planning Association between 2005 and 2011.



**Professor  
NGAN Yuen  
Sheung Hextan**

*President 2010-2012,  
Hon. Fellow 2016*

Dr. Kwok Ling Ares Leung's illustrious career and dedication have had an indelible impact on the field of O&G. He was assigned to the newly opened Prince of Wales Hospital for his specialty training where under the leadership of Professor Allan Chang, he was inspired and excelled in his own clinical training and research.

Dr Leung was instrumental in the development of operative laparoscopy and hysteroscopy in Hong Kong. He was among the first to perform laparoscopic salpingectomy, endometrial ablation and hysteroscopic myomectomy at the Prince of Wales Hospital in the 90's. He left the public sector in 1993, started his private practice and later established his successful private group of specialists.

Dr. Leung had served the College since 1992. He became President of HKCOG from 2013 to 2015. Alongside his usual duties as the President of the College, he established the alternate Medical Professional Indemnity, the MPI-AON in Hong Kong in 2016. He was a member of the Education and Accreditation Committee of the Hong Kong Medical Council for six years.

In 2018, he had donated to the College for establishment of the Dr Ares Leung Research Award. This award is given yearly to trainee doctors with the best research papers.



**Dr LEUNG Kwok  
Ling Ares**

*President 2013-2015,  
Hon. Fellow 2021*





Professor Wing Cheong Leung underwent specialty training at Queen Mary Hospital and Tsan Yuk Hospital, obtaining his MRCOG in 1995 and MD in 2010. He was the first subspecialist in Hong Kong to have obtained Maternal-Fetal Medicine subspecialty accreditation from RCOG in 2003.

His commitment to clinical service spanned over three decades and he served as Chief of Service in O&G at Kwong Wah Hospital for eleven years from 2010 to 2021. His was involved in the development of the new public funded algorithms for prenatal screening & diagnosis, territory wide audit on massive postpartum haemorrhage, prevention of mother-to-child transmission of hepatitis B virus, Baby-friendly Hospital Initiative, universal screening for domestic violence in pregnancy and many more.

Within the College, he served in various capacities, including Research Subcommittee, Clinical Audit Subcommittee, Maternal and Fetal Medicine Subspecialty Board, and Subspecialty Committee. He served as College President from 2016 to 2018, during which he successfully brought the MRCOG Part 3 examination to Hong Kong. After stepping down from the post of our College President, Professor Leung continued his service at the Hong Kong Academy of Medicine as Honorary Secretary and leading a Task Force on well-being of Trainees & Fellows.



Professor  
**LEUNG Wing  
Cheong**

*President 2016-2018,  
Hon. Fellow 2022*

Professor Tak Yeung Leung graduated from the Chinese University of Hong Kong (CUHK) in 1992 with distinction in O&G. He received training and subspeciality training in Prince of Wales Hospital, promoted to consultant in 2007 and joined CUHK as clinical professor in 2009. He is the Head of Fetal Medicine Team, and Assistant Dean of the Faculty of Medicine at CUHK. He served as the President of HKCOG from 2019 to 2021.

Professor Leung has many research interests, and his expertise includes prenatal screening, diagnosis and therapy of fetal abnormalities, twin pregnancy, preterm delivery, and fetal growth restriction. Moreover, he is renowned for his work in prenatal genetic diagnosis, whole genome sequencing, fetal surgical therapy, and obstetrics emergency. He has published more than 300 papers in international peer reviewed journals, and his current H-index is 43.

Professor Leung has been leading the annual Asia Pacific Congress in Maternal Fetal Medicine since 2005 and the Asia Pacific Congress in Fetal Therapy since 2016. In 2023, Professor Leung was honoured as "Changjiang Scholar" by the Ministry of Education, China.



Professor  
**LEUNG Tak Yeung**

*President 2019-2021*

Professor Kin-Hung Lee, was a giant figure in O&G. He graduated from the University of Hong Kong in 1958 and was the first person outside the Department of Medicine to have obtained a degree of Doctor of Medicine (MD) from the University of Hong Kong in 1971.

Professor Lee began his career at Tsan Yuk Hospital and was passionate in his research in obstetrics, particularly in the use of amnioscopy and fetal blood sampling.

Professor Lee was an enthusiastic pioneer at public health education, reaching out to the general public. He hosted the popular TV and radio series 'Doctor and You' for over a decade, which earned him the household name of 'the TV Doctor'.

He served in many professional capacities, including member of the Health and Medical Advisory committee between 1992 and 2002. He had served the Hong Kong Medical Association for three decades and was the President from 1994 to 1998. He was elected Chairman at the Medical Council from 2000 to 2003.

For his dedication to public services and medical education, Professor Lee was also appointed as Member of the Order of the British Empire (MBE) in 1996.



**Professor  
LEE Kin Hung**

*Hon. Fellow 2005*

Professor Grace Tang Wai King, a renowned and distinguished medical professional, has made significant contributions to the field of medicine. Throughout her career, Professor Tang has been a trailblazer in pioneering research, focusing on areas such as adolescent medicine, subfertility, menstrual disorders, and menopause.

She was Dean of the Faculty of Medicine, the University of Hong Kong from 1998 to 2001. She was elected as President of the HKAM in 2005. She was awarded Honorary Fellows of Singapore Academy of Medicine in 2005, the Royal College of Physicians of Ireland, the American College of Physicians and Royal Australasian College of Physicians in 2006.

Medical education and maintenance of standard in medical practice have always been in the heart of Professor Tang. She played a key role in the inception, launching and implementation of the Medical Curriculum Reform, and the establishment of the Asian Medical Education Association, the first education association in Asia and had over 60 medical schools in its membership at the time. She expanded her responsibility from undergraduate to postgraduate and made continuing medical education (CME) evolving to continuing professional development (CPD), not only for the specialists but also for the general practitioners.

Professor Tang was invited by the China Ministry of Health to assist in the development of Specialist Training, Accreditation and Registration in the People's Republic of China. In pursuit of this event, a Memorandum of Understanding (MOU) had been signed on 14<sup>th</sup> April 2006 between the Ministry of Health and the Hong Kong Academy of Medicine. The standard of specialists in Hong Kong and the work of the Academy had been endorsed by China through this MOU. This was an important milestone in the history of medical profession in Hong Kong.



**Professor  
TANG Wai King  
Grace**

*Hon. Fellow 2006*



Professor Lo Yuk Ming, Dennis is a renowned scientist and authority in the field of non-invasive prenatal diagnostics. He currently serves as the Director of the Li Ka Shing Institute of Health Sciences and holds various prestigious positions at The Chinese University of Hong Kong.

He was the first to report on PCR contamination and later provided the first molecular proof of fetal cells in maternal blood. This advancement has led to the discovery of non-invasive prenatal diagnostics.

For his ground-breaking work, Professor Lo has received numerous prestigious awards and honours, including the Avadesh Saran Memorial Oration Award, State Natural Science Award of the People's Republic of China, and the Fulbright Distinguished Scholar Award. He is a Fellow of multiple esteemed organizations and was elected a Fellow of the Royal Society and the National Academy of Sciences. He was appointed Justices of the Peace title in 2017 and in 2022, received the Lasker award for clinical medical research.



Professor  
LO Yuk Ming Dennis

*Hon. Fellow 2013*

Born in Sri Lanka, Professor Arulkumaran Sabaratnam graduated from The University of Ceylon in 1972 and developed a passion for O&G. He rose to become the Chief of Services in O&G at the National University of Singapore before moving back to London. In 2001, he took on the role as Head of the O&G Department at St. George's Hospital, University of London.

Throughout his illustrious journey, Professor Arulkumaran made significant contributions to the RCOG, serving the college in various capacities, including President from 2007 to 2010. His contributions to medicine were recognized when he was appointed as a Knight Bachelor in 2009. He further assumed influential roles such as Honorary Secretary of the Academy of Medical Royal Colleges of the United Kingdom, President of the British Medical Association, and President of the International Federation of Gynecology and Obstetrics.

He oversaw a number of projects that have improved the standard of care in many developing countries. Colleges of O&G worldwide, including the American, Sri Lankan, South African, Pakistan, Indian, Australian & New Zealand had also conferred him the Honorary Fellowship. His remarkable achievements and contributions have solidified his status as an icon in the field.



Professor  
Sir Sabaratnam  
ARULKUMARAN

*Hon. Fellow 2014*

Professor Lao Tzu Hsi, Terence graduated from the University of Hong Kong in 1976 and has since obtained various prestigious fellowships and accreditations. In 1992, he was recognized by the ACOG as a subspecialist in Maternal-Fetal Medicine. In 2005, he was one of the very first MFM subspecialists accredited by our College.

His expertise in obstetrics and maternal-fetal medicine includes gestational diabetes, thyroid disease, liver disease, and perinatal infection, with a special interest in Hepatitis B virus.

Professor Lao's dedication to medical education was evident through his involvement in medical curriculum reform. His contributions extended beyond Hong Kong, as he had served as an Honorary Consultant and Advisor in various hospitals in China, including Macau. Professor Lao's expertise in medico-legal issues in obstetrics and perinatology was renowned and had made him a sought-after expert in complex legal cases.



**Professor  
LAO Tzu Hsi Terence**

*Hon. Fellow 2015*

Professor Shu Biu William Yeung's career began with his academic pursuits at the University of Hong Kong, where he earned his Bachelor of Science and Doctor of Philosophy degrees. He continued his training at the University of Bristol, United Kingdom, before joining the Department of O&G at the University of Hong Kong in 1989.

Professor Yeung had made ground-breaking discoveries in fertilization, embryo development and pioneered the use of human embryonic stem cells for studying implantation. He also contributed to the field through his involvement in the World Health Organization's laboratory manual for semen examination and processing.

He was the first in Hong Kong to achieve a successful pregnancy by intracytoplasmic sperm injection. His team also produced the first pregnancy by preimplantation genetic diagnosis in Hong Kong.

Professor Yeung's researches and publications in prestigious journals enabled his team to be awarded numerous external competitive grants locally, nationally and internationally.

Beyond his research, Professor Yeung is a dedicated educator and mentor, and his impact extends beyond academia.



**Professor  
YEUNG Shu Biu  
William**

*Hon. Fellow 2017*



Professor Tin Chiu Li graduated from the University of Hong Kong and started his training in Princess Margaret Hospital. He spent a year in Nottingham, UK, for his elective training, during which he passed MRCP Part II examination. In 1985 he obtained MRCOG and became members of in one time. He stayed in UK and completed his PhD work on endometrium in 1989 and started his training in reproductive medicine.

Professor Li became an icon in Reproductive medicine and was an Honorary Professor at the Sheffield Hallam University, where he worked for 28 years. Professor Li returned to Hong Kong in 2014, bringing his wealth of knowledge and expertise to the Chinese University of Hong Kong. There, he established a highly productive reproductive medicine team, set up a dedicated recurrent miscarriage clinic and introduced the first Masters program in Clinical Embryology and Reproductive Medicine in Hong Kong.

Internationally, Professor Li was involved in special interest group of reproductive surgery for the European Society of Human reproduction and Embryology (ESHRE) and was the immediate past president of the Asia Pacific Initiative on Reproduction (ASPIRE), which helped to cement Hong Kong's leading role in the field of reproductive medicine in the region.



**Professor  
LI Tin Chiu**

*Hon. Fellow 2018*

Dr. Tak Hong Cheung's story is one of determination, innovation and unwavering dedication to improving healthcare services.

Dr. Cheung excelled from early in his career and was appointed Chief of Service in O&G at Prince of Wales Hospital in 1993. Having pursued gynaecological oncology training from the prestigious Mayo Clinic in the United States, he continued to serve at Prince of Wales Hospital, where he became a teacher to generations of trainees.

Dr Cheung had been a renowned figure in gynaecological oncology and had been providing top quality care to numerous cancer patients in Hong Kong. He had served in many capacities in the College, O&G Society, O&G Trust Fund and Family Planning Association. In 2011, he was called upon to become the Chief of Service because of the medical and midwifery manpower crisis in HA O&G services, as a result of the surging number of non-entitled persons coming from mainland China to give birth in Hong Kong. He took up the chairman position of Co-ordinating Committee in O&G in HA at that time. He also developed an App known as HApi Journey for pregnant ladies which many are using now.

Internationally, he was one of the board of directors of Eurasian Federation of Oncology that advocate global cooperation to promote training and education to combat cancers with primary focus in less developed countries.

Recognized for his exceptional contributions, Dr. Cheung was appointed Justice of the Peace title in 2017.



**Dr CHEUNG  
Tak Hong**

*Hon. Fellow 2019*

Professor Kyprianos Nicolaides is a visionary and a pioneer of Fetal medicine. His discoveries revolutionised the practice of Fetal Medicine across the world.

He became a Professor of Fetal Medicine at King's College London in 1992 and is the director of the renowned Harris Birthright Research Centre in London.

His extensive research led to discoveries of ultrasonographic markers for spinal bifida and screening tools for fetal anomaly such as Down's syndrome. He was the pioneering father of fetoscopic laser coagulation for twin-twin transfusion syndrome, a technique that has led to the survival of many twin pregnancies. In his research with Professor Liona Poon, effective screening tools for preeclampsia in the first trimester were developed and prophylactic aspirin had been proven to be effective in the prevention of preterm preeclampsia. Many of his discoveries had become pillars in modern obstetrics practice.

Professor Nicolaides' remarkable contribution to maternal and fetal medicine had transformed obstetric care and inspired generations of doctors in the field.



**Professor  
Kyprianos  
Herodotus  
NICOLAIDES**

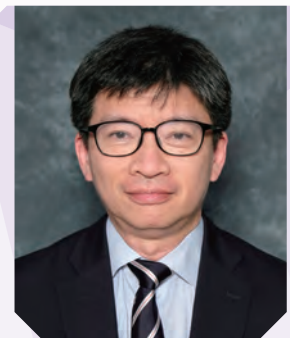
*Hon. Fellow 2020*

Dr Wing Kee Willian To began his professional journey at Tsan Yuk Hospital and Queen Mary Hospital. He became a consultant at United Christian Hospital in 1999 and served as the Cluster Chief of Service of Kowloon East Cluster from 2014 to 2021.

Dr. To actively served the specialty and the College in various leadership positions. He was the founding member of the Maternal-Fetal Medicine Subspecialty Board, and had served as the Chairman of the Board since 2015. He was Chairman of the Research Subcommittee and Editor-in-Chief of the Hong Kong Journal of Gynaecology, Obstetrics, and Midwifery (OGSHK).

In education, Dr. To played an instrumental role in establishing the Advanced Life Support in Obstetrics (ALSO) course in Hong Kong. He served as the Founding Secretary and Chairman and under his leadership, the ALSO course had benefited thousand O&G trainees, Emergency Medicine trainees and midwives throughout the years. The ALSO course is now essential training for our trainees as well as recognized by the Department of Health for accreditation of obstetric practice licensing.

His research focus in recent years on the use of intrauterine balloon tamponade for management of severe postpartum haemorrhage to reduce the need for peripartum hysterectomy, Doppler and 3D ultrasound applications also carried significant clinical impact.



**Dr To Wing Kee  
William**

*Hon. Fellow 2021*



Appreciation to our past College Presidents (from left to right)

(back row):

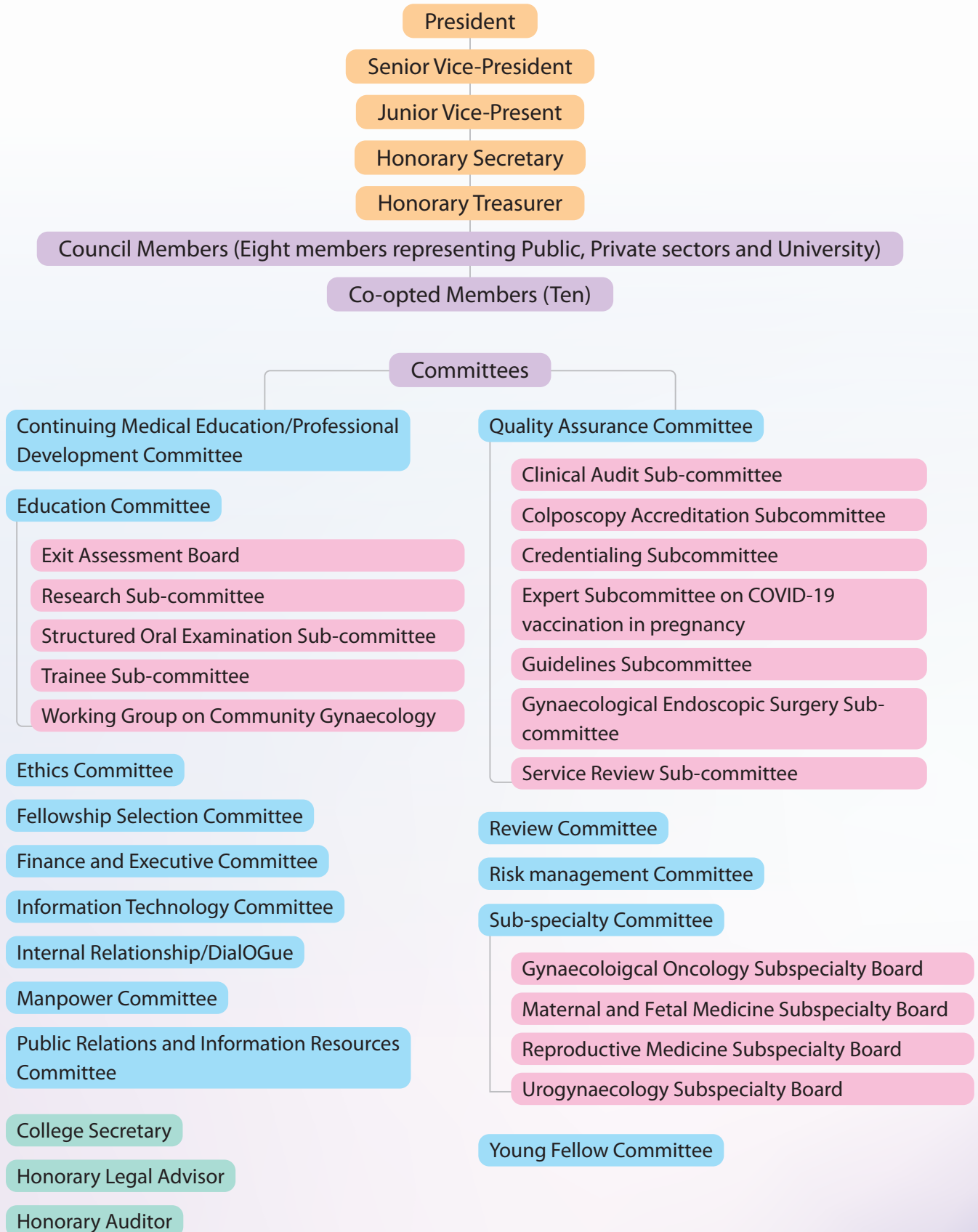
Dr Ares Leung, Prof Tony Chung, Dr WC Leung, Dr Lawrence Tang, Dr LC Ho

(front row):

Prof Allan Chang, Dr Pamela Leung, Prof HK Ma, Prof Hextan Ngan, Prof PC Ho

# Present

## Structure of HKCOG







## College Council

### Officer

Title	Name
President	Dr. Chan Kar Loen Karen
Senior Vice-President	Dr. Leung Tse Ngong
Junior Vice-President	Dr. Lam Wai Cheung
Honorary Secretary	Dr. Au-Yeung Kam Chuen Sidney
Honorary Treasurer	Dr. Chan Chong Pun

### Council Members

Title	Name
Fellow - Hospital Authority	Dr. Cheng Oi Ling Edith
Fellow - Hospital Authority	Dr. Cheung Sze Yan Charleen
Fellow - Hospital Authority	Dr. Hui Shuk Yi Annie
Fellow - Private	Dr. Lau Woon Chung
Fellow - Private	Dr. Ong Yeu Theng Charas
Fellow - Private	Dr. Tam Wing Hung
Fellow - University	Dr. Chung Pui Wah Jacqueline
Fellow - University	Dr. Ngu Siew Fei

### Co-opted Council Members

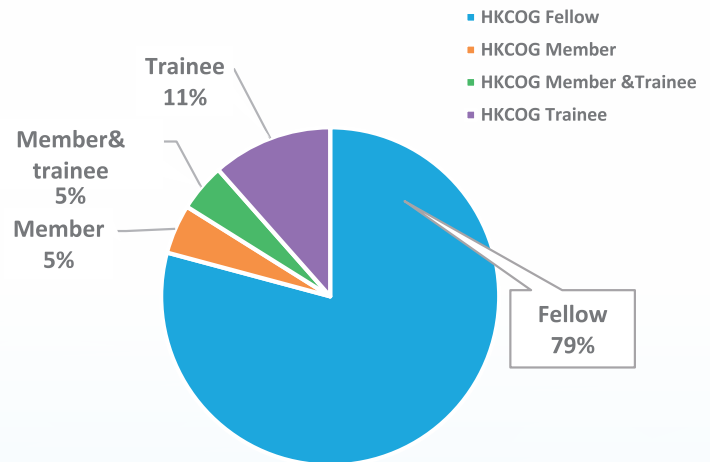
	Name
	Dr. Chan Shing Chee Symphorosa
	Dr. Cheung Ka Wang
	Dr. Cheung Kai Bun
	Dr. Go Wing Wa
	Dr. Lau Wai Lam
	Dr. Law Jessica Yun Pui
	Prof. Leung Tak Yeung
	Dr. Leung Wing Cheong
	Dr. Tang Kwok Keung
	Dr. Wong Daniel

	Name
College Secretary	Ms Winnie Choi
Honorary Legal Advisor	Mr Woody Chang
Honorary Auditor	Y H Tsang & Co.

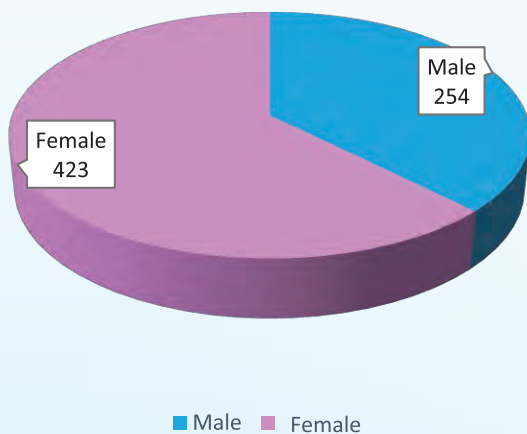
# The HKCOG Family

Is composed of the following categories:

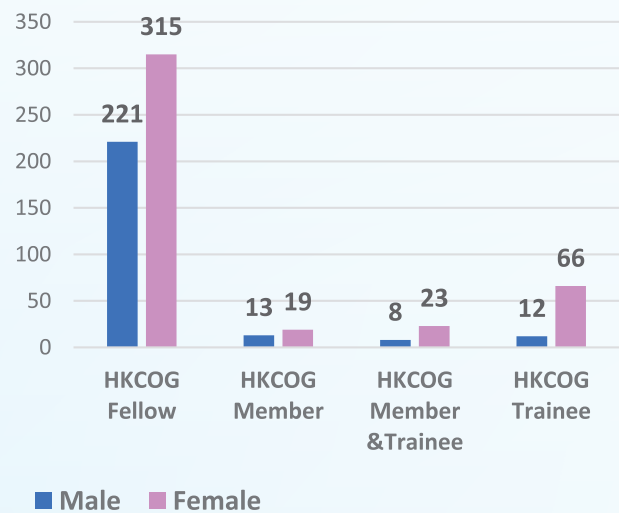
- \*Fellows = 536  
(9,319 fellowships in HKAM)
- \*Members = 32
- \*Members & Trainees = 31
- \*Trainees = 78



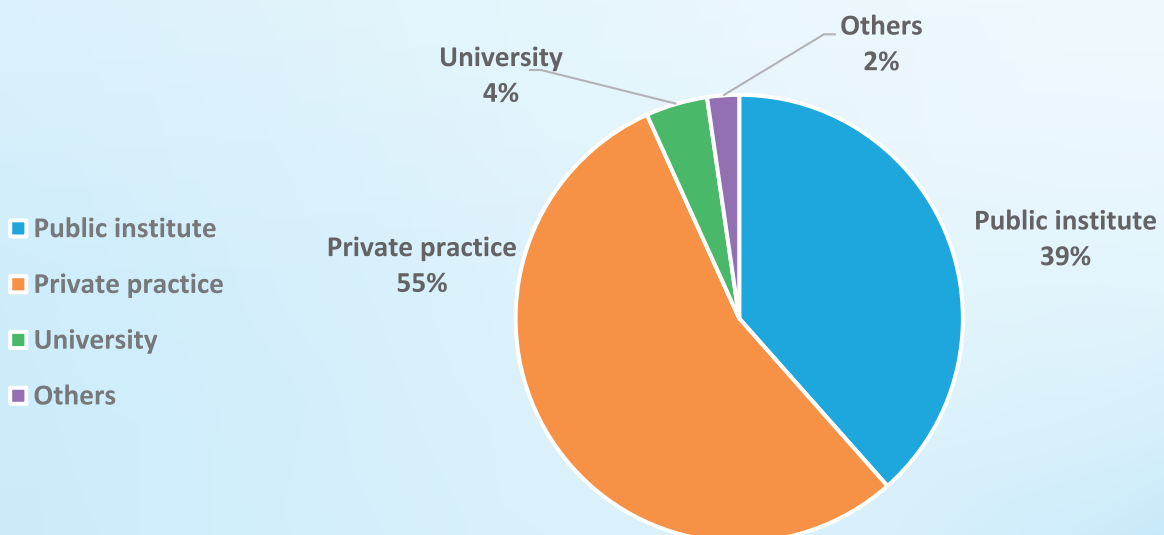
## Gender distribution (total)



## Gender distribution by category



## Types of practice





# Hospitals providing O&G services and Family Planning Clinics in Hong Kong





<p><b>Hospital Authority (Public)</b></p> <p>醫院管理局 HOSPITAL AUTHORITY</p>	<p>Hong Kong East Cluster (HKEC)</p>	<p>東區尤德夫人那打素醫院 PAMELA YOUDE NETHERSOLE EASTERN HOSPITAL</p>	<p>Pamela Youde Nethersole Eastern Hospital (PYNEH)</p>
	<p>Hong Kong West Cluster (HKWC)</p>	<p>Queen Mary Hospital (QMH) @ the University of Hong Kong (HKU)</p> <p>Tsan Yuk Hospital (TYH) *Obstetrics</p>	<p>LKS Faculty of Medicine The University of Hong Kong 香港大學李嘉誠醫學院</p>
	<p>Kowloon Central Cluster (KCC)</p>	<p>伊利沙伯醫院 QUEEN ELIZABETH HOSPITAL</p> <p>聖母醫院 Our Lady of Maryknoll Hospital Ltd.</p>	<p>Queen Elizabeth Hospital (QEH)</p> <p>Our Lady Of Maryknoll Hospital *Gynaecology</p>
	<p>Kowloon East Cluster (KEC)</p>	<p>基督教聯合醫院 UNITED CHRISTIAN HOSPITAL</p> <p>將軍澳醫院 Tseung Kwan O Hospital</p>	<p>United Christian Hospital (UCH)</p> <p>Tseung Kwan O Hospital *Gynaecology</p>
	<p>Kowloon West Cluster (KWC)</p>	<p>廣華醫院 Kwong Wah Hospital</p> <p>Princess Margaret Hospital (PMH)</p> <p>Caritas Medical Centre (CMC) *Gynaecology</p> <p>North Lantau Hospital *Gynaecology</p>	<p>Kwong Wah Hospital (KWH)</p> <p>Princess Margaret Hospital (PMH)</p> <p>Caritas Medical Centre (CMC) *Gynaecology</p> <p>North Lantau Hospital *Gynaecology</p>
	<p>New Territories East Cluster (NTEC)</p>	<p>威爾斯親王醫院 Prince of Wales Hospital</p> <p>雅麗氏何妙齡那打素醫院 Alice Ho Miu Ling Nethersole Hospital</p> <p>北區醫院 NORTH DISTRICT HOSPITAL</p>	<p>Prince of Wales Hospital @ the Chinese University of Hong Kong (CUHK)</p> <p>Alice Ho Miu Ling Nethersole Hospital (AHNH) *Gynaecology</p> <p>North District Hospital *Gynaecology</p>
	<p>New Territories West Cluster (NTWC)</p>	<p>屯門醫院 TUEN MUN HOSPITAL</p> <p>博愛醫院 Pok Oi Hospital</p>	<p>Tuen Mun Hospital (TMH)</p> <p>Pok Oi Hospital (POH) *Gynaecology</p>

<b>Private</b>	Hong Kong	 Canossa Hospital (Caritas) 嘉諾撒醫院	Canossa Hospital (Caritas)
		 Gleneagles Hospital HONG KONG 港怡醫院	Gleneagles Hospital Hong Kong
		 Adventist Health Hong Kong Adventist Hospital Stubbs Road	Hong Kong Adventist Hospital – Stubbs Road
		 養和醫院 Hong Kong Sanatorium & Hospital	Hong Kong Sanatorium & Hospital
		 matilda International Hospital 明德國際醫院	Matilda International Hospital
		 聖保祿醫院 St. Paul's Hospital	St. Paul's Hospital
	Kowloon	 播道醫院 Evangel Hospital	Evangel Hospital
		 香港浸信會醫院 Hong Kong Baptist Hospital	Hong Kong Baptist Hospital
		 寶血醫院 (明愛) Precious Blood Hospital (Caritas)	Precious Blood Hospital (Caritas)
		 St. Teresa's Hospital 聖德肋撒醫院	St. Teresa's Hospital
	New Territories	 香港中文大學醫院 CUHK Medical Centre	CUHK Medical Centre
		 Adventist Health Hong Kong Adventist Hospital · Tsuen Wan 香港港安醫院·荃灣	Hong Kong Adventist Hospital – Tsuen Wan
		 仁安醫院 UNION HOSPITAL	Union Hospital

<b>Family Planning Association of Hong Kong (FPAHK)</b>	 香港家庭計劃指導會 The Family Planning Association of Hong Kong	Hong Kong
		<ul style="list-style-type: none"> <li>• Wan Chai Clinic and Youth Health Care Centre</li> </ul>
		Kowloon
<ul style="list-style-type: none"> <li>• Ma Tau Chung Clinic</li> <li>• Wong Tai Sin Clinic</li> <li>• Mongkok Youth Health Care Centre</li> </ul>		
New Territories	<ul style="list-style-type: none"> <li>• Tsuen Wan Clinic</li> <li>• Yuen Long Clinic</li> </ul>	

# Continued Training and Accreditation of Specialists

After establishment of the HKCOG in 1988, candidates received training in their government training units continued to take the RCOG examinations.

We first brought the Part 2 clinical examination to Hong Kong in May 1993. It was the predecessor of the conjoint HKCOG and RCOG Part 3 examination now.

Our college held the first Exit assessment for fellows in January 1997. After that, postgraduate doctors have to fulfil the requirements of both the RCOG and HKCOG to get the specialist qualification. Our trainees performed well in examinations of both Colleges because the training and assessments share many common elements.

Not until 1999 that our College issued the first structured training document specifying the minimal six years of training with all the elements

required before the Exit assessment. Since then, our structured training document has been updated for a few times in response to the changes in O&G education and emerging service needs.

Currently, the minimum duration of the training is still six years, comprising of four years of basic and two years of higher specialist training. When trainees have completed four years of basic training, fulfilled the logbook requirement, and passed the Structured Oral Examination, they can proceed to two years of higher specialist training. From 2007 onwards, trainees may opt for a year of elective training in research or in a non-O&G clinical unit.

At the end of the higher training, they can sit for the Exit Assessment, after which they will be accredited O&G specialists by the Hong Kong Academy of Medicine FHKAM(O&G) and become fellows of the Hong Kong College of Obstetricians and Gynaecologists (FHKCOG).

## Pictures of log books



# Taking structured training in obstetrics and gynaecology across the border

Back in 2006, the HKAM signed a memorandum of understanding (MOU) with the Mainland Chinese Government to assist Mainland China in developing a registration system for specialists.

In 2015, an MOU on standardised specialist training was signed. Subsequently, the HKAM signed an MOU on the training of Shenzhen and Hong Kong specialists with three parties: the Shenzhen Municipal Health Commission, The University of Hong Kong, and The University of Hong Kong-Shenzhen Hospital (HKU-SZH).

In 2019, the Shenzhen-Hong Kong Medical Specialist Training Center (SZ-HKMSTC) was established. The Center adopted a structured specialist programme in the format of '3+4' for all specialties, with three years of existing national residency training programme, followed by four years of specialist training programme.

Our College has brought our experience to the Greater Bay Area and supports the National goal of training medical specialists to international standards.

We have been collaborating with the HKU-SZH in their training since January 2019. To facilitate the development of a structured O&G training programme, we are actively assisting in the preparation of training documents, organizing examinations and Exit assessment.

We provide "Train-the-trainer" courses to doctors from different hospitals in Shenzhen. We also provide assessors for the HKU-SZH trainees. In 2021, we assisted HKU-SZH to hold the first pilot structured oral examinations (SOE). Recently, we also conducted workshop for SZ-HKMSTC in preparing examinations similar to the MRCOG part 2 and part 3.

At present, five hospitals in the Greater Bay Area have joined this training programme.



Professor Lo Chung-Mau at the opening ceremony of Shenzhen-Hong Kong Medical Specialist Training Center (SZ-HKMSTC) and 7<sup>th</sup> Anniversary of HKU-SZH





workshop in writing examination questions by Dr John Duthie

# Subspecialty training

Since 1999, the College has been looking into the development of O&G subspecialties in Hong Kong. Led by the College and the foundation fellows, the four subspecialties, Maternal-Fetal Medicine, Gynaecological Oncology, Reproductive Medicine

and Urogynaecology were established. The four subspecialty boards provide the standards of training, accredit and monitor the training centres, organize and conduct subspecialty examinations with the authorization of the Council of the HKCOG.



All subspecialist trainees have to undergo two to three years of training and pass the assessment before they are awarded the subspecialist qualifications. The four subspecialty boards also award the re-certification of subspecialists; and uphold the standard of service in O&G in Hong Kong.

Some of the subspecialty training programs are also jointly organized with the RCOG. In recent years, the HKCOG also share our experience in subspecialty training with the mainland.



# Special skills training

Apart from specialty training, the College also provides training on special skills to maintain the standard of obstetrical and gynaecological practices in Hong Kong.

This includes the training for Specialist Colposcopists and Colposcopy trainers by setting the standards of service and having a structured quality assurance program.

To safeguard the proper use of laparoscopic surgery, the College has guidelines for Accreditation of Gynaecological Laparoscopic Surgery – at intermediate and advanced levels.

The Diploma in Community Gynaecology offers training in General Gynaecology, Sexual and Reproductive Health, family planning, family health, and lifestyle related health issues.

For the management of obstetrical emergencies, the College regularly organises the Advanced Life Support in Obstetrics (ALSO) Course for the training of providers and trainers.

# ALSO



Faculty of the First ALSO held in 2001.



ALSO Faculty in 2005.





Dr. Mark Deutchmann, overseas faculty in 2004.



Dr. William To teaching in ALSO Course in 2005.



Local faculty with Dr. Hinshaw Kim, overseas faculty, in 2006.



Dr. Chin-peng Lee, local faculty of ALSO 2009.



Dr. Meliza Kong, local faculty of ALSO Course 2014.



ALSO 2023



ALSO Course in 2023.





# Continuing Medical Education and Professional Development

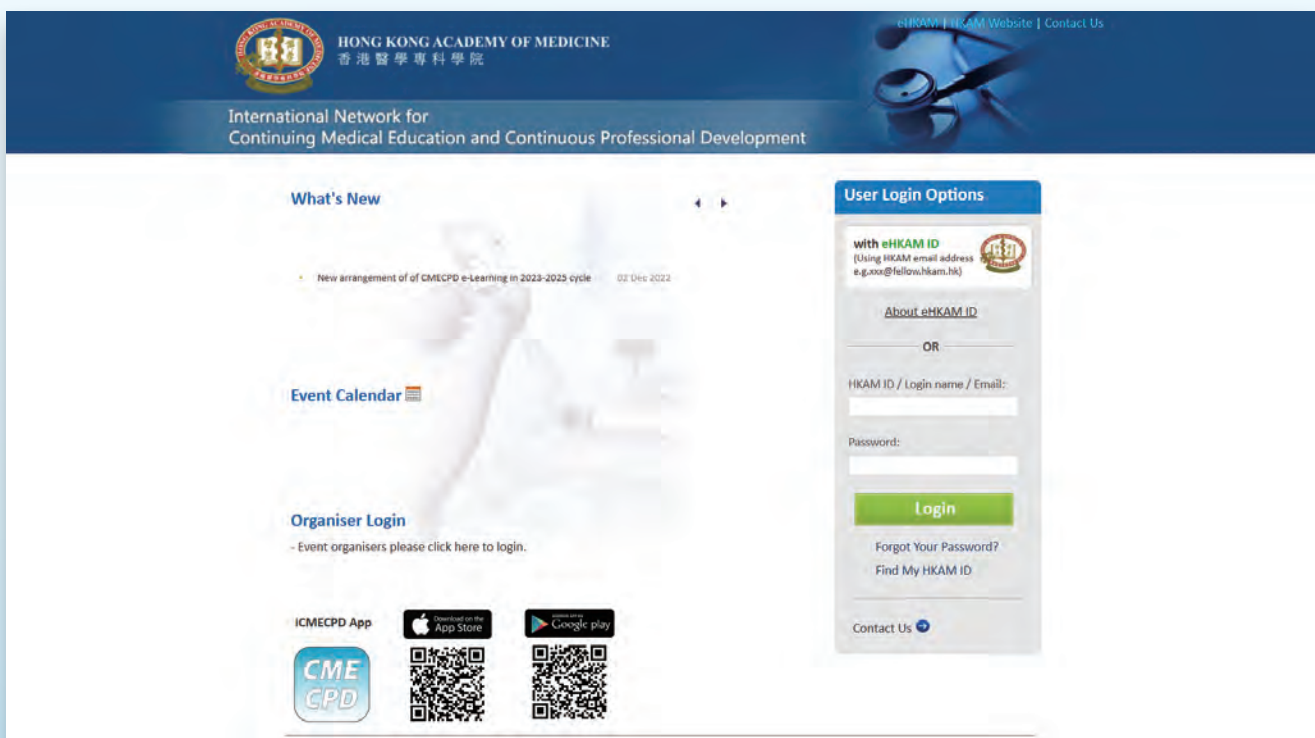


One of the objectives of the HKCOG is to foster continuing medical education (CME) and professional development (CPD) among all O&G specialists in Hong Kong . Our College’s CME/CPD programme was first introduced in 1993.

Participation in the regular 3 yearly programme ensures that all specialists keep up with the up to date clinical practices and latest developments, ensuring high standards of patient care. Participation in CME Activities such as lectures and seminars not only encourage our fellows to

learn, but also allows the exchange of ideas and networking among our fellows. Academic and clinical achievements such as research, publications, participation in quality assurance activities and postgraduate courses may also be awarded CME points.

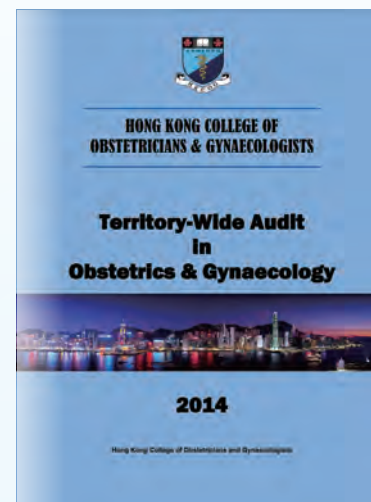
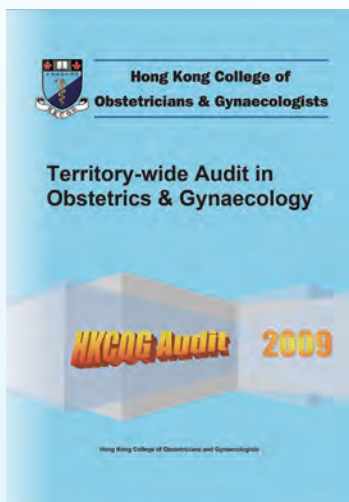
The CME programme also recognises the on-going efforts by our fellows to teach and nurture our next generation of O&G doctors, and therefore recognises related approved teaching activities as trainers, as accredited CME activities.



# Quality and Assurance

Clinical audit aims to evaluate the efficacy of our current practice and to identify areas of need for improvement. It is one of the integral activities of the College. In this, the College has offered accreditation programs for both public and private hospitals in HK under the Service Review Subcommittee. In addition, the Gynaecological Endoscopic Surgery Subcommittee and Colposcopy Accreditation Subcommittee are responsible for the certification of the respective gynaecological

competence. The Guideline subcommittee issues guidelines for pertinent clinical conditions. Last but not the least, the Clinical Audit Subcommittee compiles the five-yearly Territory-wide audit in obstetrics and gynaecology, involving all hospitals in Hong Kong. The audit focuses on the epidemiology, clinical management and treatment outcomes for all obstetric deliveries and inpatient gynaecological care.



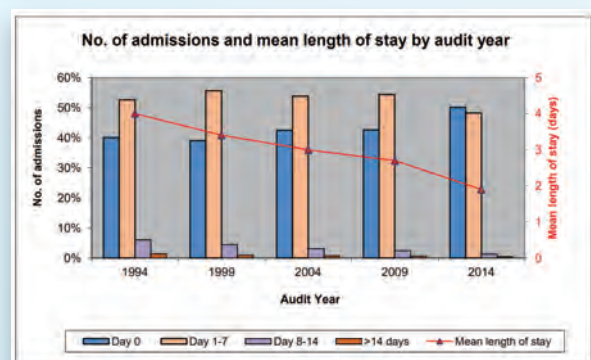
MODE OF DELIVERY (For Each Baby)	2004		2009		2014	
	No.	%	No.	%	No.	%
Spontaneous vertex delivery	28898	58.2%	38418	47.5%	32344	53.5%
Vacuum extraction	4823	9.7%	7335	9.1%	4349	7.2%
Forceps delivery	465	0.9%	373	0.5%	670	1.1%
Vaginal breech delivery	108	0.2%	161	0.2%	146	0.2%
Lower segment CS before labour	8923	18.0%	24685	30.5%	13965	23.1%
Lower segment CS after labour	6378	12.8%	9661	11.9%	8878	14.7%
Classical Caesarean section	60	0.1%	235	0.3%	144	0.2%
Others/unknown	1	0.0002%	40	0.05%	0	0.0%

	By outcome		
	2004	2009	2014
<b>Benign condition</b>	5058	4131	3159
Abdominal hysterectomy	3830 (75.7%)	2716 (65.7%)	1632 (51.7%)
Laparoscopic hysterectomy	715 (14.1%)	952 (23.0%)	1038 (32.9%)
Vaginal hysterectomy	503 (9.9%)	454 (11.0%)	477 (15.1%)
Robotic hysterectomy	-	-	9 (0.3%)
Extended hysterectomy	10 (0.2%)	9 (0.2%)	3 (0.09%)
<b>Malignant condition</b>	834	996	1055
Abdominal hysterectomy	614 (73.6%)	724 (72.7%)	614 (58.2%)
Extended hysterectomy	13 (1.6%)	19 (1.9%)	7 (0.7%)
Radical hysterectomy	130 (15.6%)	92 (9.2%)	87 (8.2%)
Laparoscopic hysterectomy	75 (9.0%)	135 (13.6%)	291 (27.6%)
Lap extended hysterectomy	-	-	5 (0.5%)
Lap radical hysterectomy	0 (0.0%)	22 (2.2%)	11 (1.0%)
Robotic hysterectomy	-	-	21 (2.0%)
Robotic radical hysterectomy	-	-	16 (1.5%)
Vaginal hysterectomy	2 (0.2%)	4 (0.4%)	3 (0.3%)

INCIDENCE			
	2004	2009	2014
Number	3	2	2
MMR (per 100,000 live births)	6.1	2.5	3.3

CAUSES OF MATERNAL DEATH			
	2004	2009	2014
Amniotic fluid embolism	0	1	0
Hepatic failure	1	1	0
Suicide	1	0	0
Pneumonia	0	0	0
Pulmonary embolism	0	0	0
Ruptured vertebral artery aneurysm	0	0	0
Massive Post-partum Haemorrhage	1	0	1
No cause identified	0	0	1 (Accident)





# Future

## Genetics and Genomics



Genetics and Genomics have become increasingly important in all branches of Medicine. O&G is no exception. We have established a Task Force in 2019 to promote and coordinate training in this important area.

To start with, we collaborated with HA & HKAM to run a kick-off webinar with twenty "On demand, Anytime, Anywhere" videos launched in 2022. The feedback was very positive.

Our next step is to strengthen the element of Genetics & Genomics in our training curriculum together with training programmes for our Trainees & Fellows.

**Genetics & Genomics In O&G Webinar Programme 2022**  
 HA e-Learning  
 Time Period: March to May 2022  
 CENTRAL COMMISSIONED TRAINING PROGRAMME FOR 2021/22  
 Webinar (videos On-demand, Anytime, Anywhere) via HA e-Learning Centre (eLC)

- 1.0 General Introduction (by Dr. W.C. Leung)**
  - 1.1 Basic Genetics and Genomics including Ethics (Session Coordinator - Dr. W.C. Leung)
  - 1.2 HKCOG Overview of O&G training in O&G by Prof. T.Y. Leung MSAR
  - 1.3 HKAM Best Practice Guidelines on O&G Medicine (Ethical Principles) by Prof. Gilbert Leung MSAR
  - 1.4 Basic Knowledge on Genetics & Genomics for O&G - A Clinical Geneticist's Perspective by Dr. HKL Lau MSAR
- 2. MFN including Neonatology/Pediatrics (Session Coordinator - Dr. W.C. Leung)**
  - 2.1 Prenatal Screening and Diagnosis in the NHS Genetic Medicine Service by Prof. Luo Chen, UK
  - 2.2 Maternal-fetal Medicine in the Genomic Era (with some Case-based Examples) by Prof. David Chiu, CANADA
  - 2.3 Chromosomal Microarray (CMA) & Whole Exome Sequencing (WES) in MFN (W) by Dr. Ada S.Y. Kan, HKSAR
  - 2.4 Low-pass Genome Sequencing, WGS and Expanded Carrier Screening in MFN (W) by Prof. Richard Chey, HKSAR
  - 2.5 Direct-to-Consumer (DTC) Genetic Testing Programs in WGS by Prof. Chiu, HKSAR
  - 2.6 MFN in Special Medicine, Pathology, Radiology, Genetics/Genomics - An active Interactive Multidisciplinary Platform for Selection of Special Prenatal Cases for Public Funded WGS/WES by Dr. W.C. Leung MSAR
- 3. Reproductive Medicine (Session Coordinator - Dr. Raymond Li)**
  - 3.1 Pre-implantation Genetic Testing - Principles and Pitfalls by Prof. Andrew Ho, HKSAR
  - 3.2 Assay Platforms for Preimplantation Genetic Testing (PGT) by Dr. David Chen, AUSTRALIA
  - 3.3 Genetics of Premature Ovarian Insufficiency and Recurrent Pregnancy Loss by Dr. Hui Ching, HKSAR
  - 3.4 Genetics of Male Infertility by Dr. Andrew Cheung, HKSAR
  - 3.5 Management of Turner's Syndrome - Fertility & Beyond by Nam On, HK
- 4. Gynaecological Oncology (Session Coordinator - Dr. Mandy MY Chu)**
  - 4.1 Basics of Cancer Genetics and Prenatal & Post-natal Counseling by Prof. S.C. Lin, Singapore
  - 4.2 BRCA Testing in Ovarian Cancer by Dr. Y. Y. Ho, HKSAR
  - 4.3 Lynch Syndrome & Gynaecological Cancer by Dr. Mandy MY Chu, HKSAR
- 5. Urogynaecology (Session Coordinator - Dr. Rachel Cheung)**
  - 5.1 Brief Introduction of Pelvic Organ Prolapse - Genetic Mechanism by Prof. Dr. Lin, HK
  - 5.2 Genetic aspect of pelvic organ prolapse and incontinence by Prof. Dr. Lin, HK
  - 5.3 Is There a Genetic Etiology of Pelvic Floor Dysfunction? by Prof. Richard Chey, HK SAR

CME, CNE and PEM points will be assigned to the enrolled participants.

VOL.27 NO.8 AUGUST 2022 Medical Bulletin

### A Recap on the "Genetics & Genomics in O&G Webinar 2022" during the COVID Era

**Dr Wing-cheung LEUNG**  
 MBBS, MD, FRCOG, FHKCOG, FHKAM(O&G), Cert RCOG (Maternal and Fetal Med), Cert FHKCOG (Maternal and Fetal Med)  
 Consultant, Department of Obstetrics & Gynaecology, Kwong Wah Hospital  
 Honorary Consultant, Department of Obstetrics & Gynaecology, HKU  
 Honorary Medical Consultant, The Family Planning Association of Hong Kong

**Dr Raymond HW LI**  
 MBBS, MD, FRCOG, FHKCOG, FHKAM (OB&G), Cert RCOG (Reprod Med), Cert HKCOG (Reprod Med)  
 Clinical Associate Professor, Department of Obstetrics and Gynaecology, The University of Hong Kong  
 Honorary Consultant, Department of Obstetrics and Gynaecology, Queen Mary Hospital  
 Honorary Consultant, Department of Obstetrics and Gynaecology, Kwong Wah Hospital  
 Honorary Medical Consultant, The Family Planning Association of Hong Kong

**Dr Mandy MY CHU**  
 MBBS, MRCOG, FHKCOG, FHKAM (OG), Cert RCOG (Gyn Oncology)  
 Consultant, Department of Obstetrics and Gynaecology, Queen Mary Hospital  
 Honorary Clinical Associate Professor, Department of Obstetrics and Gynaecology, The University of Hong Kong

**Dr Rachel YK CHEUNG**  
 MChB, FRCOG, FHKCOG, FHKAM (OG), Cert HKCOG (Urogynaecology)  
 Consultant, Department of Obstetrics and Gynaecology, Prince of Wales Hospital  
 Honorary Clinical Associate Professor, Department of Obstetrics and Gynaecology, The Chinese University of Hong Kong

Dr Wing-cheung Leung, Dr Raymond HW Li, Dr Mandy MY Chu, Dr Rachel YK Cheung

VOL.26 NO.3 MARCH 2021 Medical Bulletin

### The Establishment of the FMPRG (+ website) and the Way Forward

**Dr LEUNG Wing-cheung**  
 MBBS(HK), MD (HKU), FRCOG, FHKAM(O&G), Cert RCOG (Maternal and Fetal Med), Cert FHKCOG (Maternal and Fetal Med)  
 Consultant Obstetrician & Chief of service, Department of Obstetrics & Gynaecology, Kwong Wah Hospital, HKSAR  
 Immediate Past President, Hong Kong College of Obstetrics & Gynaecologists  
 Honorary Clinical Professor, Department of Obstetrics & Gynaecology, The University of Hong Kong  
 Honorary Clinical Professor, Department of Obstetrics & Gynaecology, The Chinese University of Hong Kong

**Dr NG Wai-fu**  
 MBBS (HK), FHKChab, FHKAM(Path)  
 Consultant, Division of Anatomical Pathology, Department of Pathology, Hong Kong Children's Hospital

**INTRODUCTION**

A multidisciplinary approach to managing the abnormal foetus, an approach which provides the best outcome in diagnosis, management and counselling to the family, has been well established.<sup>1,2</sup> This article introduces the establishment of the multidisciplinary team of FMPRG as a pilot study to explore such a model from 2019 onwards. An illustrative case demonstrating the multidisciplinary teamwork in the work-up and diagnosis of the case is described. The preliminary results are presented and the way forward explored.

**THE ESTABLISHMENT OF FMPRG**

Complex foetal cases that need detailed pathological examination and multidisciplinary consultation are referred from KWH, QEH and UCH to HKCH Anatomical Pathology. After pathological work-up, the cases with the clinical information, annotated radiology and pathology images are put up in the FMPRG platform for discussion, for correlation with genetic findings if available, for the decision on follow-up actions and for serving as an education platform. The platform for communication was initially based on e-mailing among the group members. In Oct 2020, a pilot web-based platform (Fig. 1) was established under the Department of Pathology of HKCH. There is a depository site for uploading the active cases for discussion and management decision, as well as an

Dr LEUNG Wing-cheung, Dr NG Wai-fu

genes MDPJ

### Implementation of Public Funded Genome Sequencing in Evaluation of Fetal Structural Anomalies

Po Lam So<sup>1,2</sup>, Annie Shuk Yi Hui<sup>2,3</sup>, Teresa Wei Ling Ma<sup>4</sup>, Wendy Shu<sup>1</sup>, Amelia Pui Wah Hui<sup>5,6</sup>, Choi Wah Kong<sup>7</sup>, Tsz Kin Lo<sup>7</sup>, Amanda Nim Chi Kan<sup>8</sup>, Elaine Yee Ling Kan<sup>9</sup>, Shuk Ching Chong<sup>10,11</sup>, Brian Hon Yin Chung<sup>11</sup>, Ho Ming Luk<sup>12</sup>, Kwong Wai Choy<sup>13</sup>, Anita Sik Yu Kan<sup>14</sup> and Wing Cheung Leung<sup>15,16</sup>

<sup>1</sup> Department of Obstetrics and Gynaecology, Tuen Mun Hospital, Hong Kong SAR, China  
<sup>2</sup> Department of Obstetrics & Gynaecology, Prince of Wales Hospital, Hong Kong SAR, China  
<sup>3</sup> Department of Obstetrics & Gynaecology, Queen Elizabeth Hospital, Hong Kong SAR, China  
<sup>4</sup> Department of Obstetrics & Gynaecology, Pamela Youde Fook Shee Eastern Hospital, Hong Kong SAR, China  
<sup>5</sup> Department of Obstetrics & Gynaecology, Queen Mary Hospital, Hong Kong SAR, China  
<sup>6</sup> Department of Obstetrics & Gynaecology, United Christian Hospital, Hong Kong SAR, China  
<sup>7</sup> Department of Obstetrics & Gynaecology, Princess Margaret Hospital, Hong Kong SAR, China  
<sup>8</sup> Department of Pathology, Hong Kong Children's Hospital, Hong Kong SAR, China  
<sup>9</sup> Department of Radiology, Hong Kong Children's Hospital, Hong Kong SAR, China  
<sup>10</sup> Department of Paediatrics, Prince of Wales Hospital, Hong Kong SAR, China  
<sup>11</sup> Department of Paediatrics and Adolescent Medicine, Li Ka Shing Faculty of Medicine, The University of Hong Kong, Hong Kong SAR, China  
<sup>12</sup> Clinical Genetics Service Unit, Hong Kong Children's Hospital, Hong Kong SAR, China  
<sup>13</sup> Prenatal Genetic Diagnostic Centre, Department of Obstetrics & Gynaecology, Chinese University of Hong Kong, Hong Kong SAR, China  
<sup>14</sup> Prenatal Diagnostic Laboratory, Tuen Mun Hospital, Hong Kong SAR, China  
<sup>15</sup> Department of Obstetrics & Gynaecology, Kwong Wah Hospital, Hong Kong SAR, China  
<sup>16</sup> Correspondence: w.leung@pubs.com.hk (P.L.S.); leungwc@hk.hk (W.C.L.)  
 Tel.: (852) 2468-9948 (P.L.S.); (852) 3517-8084 (W.C.L.)

Check for updates  
 Citation: So, P.L., Hui, A.S.Y., Ma, T.W.L., Shu, W., Hui, A.P.W., Kong, B.H.Y., Chung, B.H.Y., Luk, H.M., Choy, K.W., Kan, A.S.K., Chong, S.C., Chung, W.C. Implementation of Public Funded Genome Sequencing in Evaluation of Fetal Structural Anomalies. *Genes* 2021, 12, 1452. <https://doi.org/10.3390/genes12081452>

# Simulation

From the millennium to the present, the teaching mode has changed a lot. From training surgical skills on medical models to recent 10 years scenario based training, there is indeed a major breakthrough. This is a modern training simulates real situations. Using high fidelity simulators, trainees can learn about rare but critical situations in a safe environment such as minimally invasive surgery and postpartum hemorrhage. This training method can help trainees better response to critical situations and improve their ability to handle emergencies, thereby improving safety and treatment outcomes.



Intensive Peri-operative Care (iPOC) Course held on 14 December 2019 at the Innovative Learning Centre for Medicine at the Hong Kong Academy of Medicine Jockey Club Building.





Simulation training jointly organised by PYNEH and QMH in December 2021.



# Young Fellow Committee

The Hong Kong College of Obstetricians and Gynaecologists established the Young Fellow Committee (YFC) in July 2022, consisting of fellows obtaining fellowship within the past 10 years. This aims to promote young fellows' understanding of the objectives and work of the College through involving them in various meetings, activities and affairs. Since its establishment, YFC had conducted various activities and initiated the Hong Kong O&G doctors well-being study. It is hoped that the YFC can nurture future leaders for the College.

*Career Talk and Clinical Visit Program organised by the YFC:*

**THE HONG KONG COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS**  
Young Fellow Committee  
**Clinical Visit Program 2023**  
**JOIN NOW!**

**About the Program**  
The HKCOG Young Fellow Committee Clinical Visit Program is a new initiative to facilitate communication and exchange of skills and knowledge in Obstetrics and Gynaecology among HKCOG trainees and young fellows working in different units of Hospital Authority through a short clinical visit. Eligible doctors can choose from a range of clinical visits to various O&G training units in Hong Kong.  
**Free of Charge**

The 2023 program is open to all HKCOG higher trainees and young fellows (within 10 years of obtaining HKCOG fellowship) working in the Hospital Authority. Each O&G training unit is invited to nominate one candidate for each clinical visit program. Accepted candidates are responsible to make leave arrangements with their respective departments. The host unit will contact the accepted candidates on the arrangement of the clinical visit (Feb 2023 to July 2023) upon successful application.

**Registration Form**  
(To be filled in by the representatives of each O&G training unit)

Clinical Visit Program	Unit	Name	Phone	E-mail
Subfertility clinic and procedures	KWH			
Minimally invasive and oncology surgery	PWH			
Genetic clinic and fetal brain ultrasound	PWH			
Day ward and out-patient hysteroscopy	PYNEH			
HKU-QMH CARE attachment	QMH			
High-risk Obstetrics team attachment	QMH			
Urogynaecology operation	UCH			

Enquiries: Please contact Dr. Jacqueline Lee at [jaclee@cuhk.edu.hk](mailto:jaclee@cuhk.edu.hk)

**THE HONG KONG COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS**  
Young Fellow Committee  
**JOIN NOW!**  
**Career Talk**

Fellow/ Fellow to be in O&G?  
Interested in exploring further opportunities in career development/ personal development?  
HKCOG Young Fellow Committee had gathered 6 O&G specialists with diverse career, education and personal background to inspire you with the numerous possibilities ahead!

**27 October 2022 (Thu) \$ Complimentary**  
**Time: 20:00 – 21:00** Registration  
**Zoom Live Meeting**

**Speakers**

- Dr. Ben Chan**  
Private Practice  
Experience: MFM, HKCOG, QMH, Private
- Dr. Caitlyn Lau**  
Clinical Lecturer, CUHK  
Experience: PYNEH, FMPC, CUHK, PWH
- Dr. Irene Lok**  
Associate Consultant, UCH  
Experience: MFM, PYNEH, SOPD, UCH
- Dr. Kandice Li**  
Resident Specialist, HKSH  
Experience: QEH, MSF, Private (HKSH)
- Dr. Raymond Li**  
Associate Professor, HKU  
Experience: Fertility, PWH, FPA, HKU, QMH
- Dr. Sophia Mok**  
Associate Consultant, QMH  
Experience: QMH, MCHC

**Moderators**

- Dr. Jacqueline Lee**  
Consultant, PWH  
Chairperson Young Fellow Committee, HKCOG
- Dr. Jessica Law**  
Consultant, PYNEH  
Vice-Chairperson Young Fellow Committee, HKCOG

Enquiries: Please contact Dr. Jacqueline Lee at [jaclee@cuhk.edu.hk](mailto:jaclee@cuhk.edu.hk)





*~Precious moments throughout the 35 years~*



The 2nd Int'l Scientific Meeting of the R.C.O.G.  
Hosted by the H.K.C.O.G. 7-10 September 1993





**1ST GENERAL MEETING  
HONG KONG COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS**



**THE THIRTEENTH ANNUAL GENERAL MEETING  
THE EXTRAORDINARY GENERAL MEETING  
THE HONG KONG COLLEGE OF  
OBSTETRICIANS & GYNAECOLOGISTS**



**THE EIGHTH ANNUAL GENERAL MEETING  
HONG KONG COLLEGE OF  
OBSTETRICIANS & GYNAECOLOGISTS**



**THE TENTH ANNUAL GENERAL MEETING  
THE HONG KONG COLLEGE OF  
OBSTETRICIANS & GYNAECOLOGISTS**



**OBSTETRICIANS & GYNAECOLOGISTS**





The Hong Kong College of Obstetricians and Gynaecologists  
30th Anniversary Symposium  
9-10 June 2018

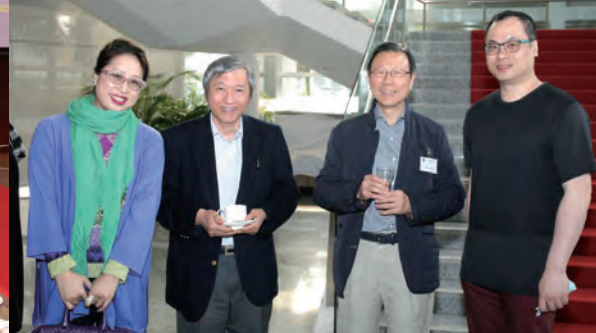
The Hong Kong College of Obstetricians and Gynaecologists  
31st Anniversary  
1st June 2019



The Hong Kong College of Obstetricians and Gynaecologists  
31st Anniversary  
1st June 2019









The Hong Kong College of Obstetricians and Gynaecologists  
**30th Anniversary Symposium**  
9-10 June 2018







# Navigating the Healthcare Crises with HKCOG

Over the past 35 years, the HKCOG has played an integral role in guiding obstetricians and gynaecologists in managing the unique challenges posed by various outbreaks. We also provided timely professional resources and educational information to healthcare workers and the general public. Together, we sailed through the three major health care crisis (SARS, Zika and COVID-19):

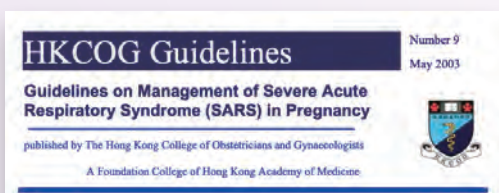


## 1. 2003 Severe Acute Respiratory Syndrome (SARS)

During the SARS epidemic in Hong Kong in 2003, there were a significant number of deaths and morbidity cases. According to official reports, Hong Kong recorded a total of 1,755 probable SARS cases, with 299 deaths attributed to SARS-related complications. This included 8 doctors who died from SARS-related complications. The outbreak had a case fatality rate of approximately 17% in Hong Kong. The high mortality rate and the rapid spread of the virus created a sense of urgency and led to extensive efforts to control the outbreak and prevent further transmission. The impact of the SARS outbreak was significant, both in terms of lives lost and the lasting effects on public health and society in Hong Kong.



SARS: The People who risked their lives to stop the virus (BBC News)



By May 2003, SARS had affected at least 5 pregnant women beyond 24 weeks of gestation, with two deaths reported. Amidst the uncertainty and fear, HKCOG published a detailed guideline regarding the management of SARS in pregnancy, covering a wide scope of information such as diagnosis, medical management, intrapartum and postpartum management of such patients.

## 2. 2016 Zika Virus

**Zika virus:**  
general information and  
advice- for obstetrical  
healthcare provider



### Background

Zika virus, a single stranded RNA virus, is transmitted primarily through infected *Aedes aegypti* mosquitoes. The possibility that Zika may adapt to transmission by *Aedes albopictus*, which is commonly found in Hong Kong, is a concern.

Interim guidelines<sup>1</sup> on the management of a pregnant woman with a travel history to an area with Zika virus transmission<sup>2</sup>

Endorsed by The Hospital Authority (CO&G) and Hong Kong College of Obstetricians and Gynaecologists on 11 February 2016

The Zika virus outbreak in Hong Kong in 2016 was a cause for concern, although the impact was relatively limited compared to other regions. In 2016, Hong Kong reported a total of 10 confirmed cases of Zika virus infection. These cases were primarily travel-related and there was no evidence of local transmission of the Zika virus within Hong Kong. All reported cases were associated with travel to Zika-affected areas. Zika infection during pregnancy has been associated with an increased risk of certain birth defects, including microcephaly and other neurological abnormalities. In view of the significant risks to fetal development, the HKCOG had published interim guidelines on the management of a pregnant woman with a positive travel history. It provided comprehensive care and support to women who had potentially been exposed to the virus to ensure the best possible outcomes for both baby and the mother.

## 3. Coronavirus Disease 2019 (COVID-19)

Fresh in all of our memories, COVID-19 pandemic swept the world by surprise. As of July 2023, with more than 3 million cumulative cases in Hong Kong and over 9000 deaths, its devastating effect on our economy and healthcare system remains profound and long lasting. Needless to say, the initial lack of knowledge and resources in managing this new disease caused great anxiety within the pregnant community. With controversies arising in various areas such as management, treatment, vaccination and isolation, the fear and uncertainty of childbirth was at unprecedented levels. The HKCOG played an active role in public education by publishing guidelines and promoting public awareness of the importance of vaccination in pregnancy.



# How medical indemnity affected O&G colleagues

In December 2014, the Medical Protection Society (MPS) unilaterally announced the abrupt change of the MPS scheme in O&G from occurrence-based to claim-made based from 2015 onwards. The astonishing surprise created much anxiety to our colleagues especially those in private practice.

*(\*Occurrence-based professional indemnity protects the member if a dispute arises out of a clinical situation which happened when the doctor was subscribing to his indemnity cover; Claim-based indemnity covers him only when he is a member at the time the claim reaching him. In our obstetric scenario, a claim may reach us only 3 years after a baby is no longer a minor (18 years old), making the concern period last about 21 years or sometimes longer.)*

On behalf of the stakeholders in Hong Kong, Dr. Ares Leung, President of HKCOG at that time, flew alone in the cold winter of January 2015 to the head quarter of MPS in the UK, trying to persuade them to reconsider or postpone their decision. His attempt was of no avail as his enthusiasm was met with glacial reception.

Coming back from the UK, Dr Leung held discussion with representative from the Obstetrical & Gynaecological Society of Hong Kong, and there came the birth of the idea that Hong Kong needs an alternative Medical Professional Indemnity (MPI). Dr. Leung thereafter consulted and met various colleagues in the medical, insurance and legal fields. With his endeavour and determination, the new MPI with AON was made available in Hong Kong in 2016. It has provided our fellows an additional option.

As part of the promise, AON made significant donation to the HKCOG for risk management purpose. In addition, with the competition of MPI-AON, the MPS has subsequently promised to offer tail-end MPI cover after retirement, as a way to improve their attractiveness.



Photos from the first ever Risk Management Seminar held at the Hong Kong Academy of Medicine on 20<sup>th</sup> March 2021, in hybrid (physical and virtual) format:



# Top Ten Chinese Postpartum Beliefs and Superstitions



Chinese postpartum beliefs and superstitions are deeply rooted in traditional Chinese culture and are followed by many Chinese families even today. The postpartum period, also known as the "sitting month" or "confinement period," is considered a critical time for the mother's recovery and the baby's health. Here are some common Chinese postpartum beliefs and superstitions:

- 1. Confinement Period:** The postpartum period typically lasts for 30 to 40 days, during which the new mother is expected to rest, recover, and bond with her baby. The mother is encouraged to stay indoors and avoid going outside or engaging in strenuous activities.
- 2. Role of the "Sitting Month" Nanny:** In Chinese culture, it is common for families to hire a "sitting month" nanny, also known as a "confinement nanny". The nanny is an experienced caregiver who assists the mother during the postpartum period. Their responsibilities may include cooking specialized meals, providing massages, assisting with breastfeeding, and taking care of household chores.
- 3. Diet and Nutrition:** Chinese postpartum practices emphasize the importance of a specific diet to aid in the mother's recovery. It often includes warming foods like ginger, sesame oil, and chicken soup. Certain foods such as cold drinks, raw vegetables, and fruits are believed to be "cooling" and should be avoided during this period.
- 4. Body Warming:** Chinese culture places great emphasis on keeping the body warm during the postpartum period. It is believed that the body is in a "weakened" state after childbirth, and exposure to cold temperatures or drafts can lead to long-term health issues. The mother is encouraged to wear warm clothing, avoid cold water, and use heating pads or warm blankets.
- 5. Avoiding Wind:** Chinese tradition holds that wind is detrimental to the postpartum recovery. The mother is advised to avoid exposure to wind, which includes refraining from using fans or air conditioning, and keeping windows and doors closed.



6. **Bathing and Hair Washing:** It is commonly believed that the mother should avoid bathing or washing her hair during the first few weeks after childbirth. This is thought to prevent catching a cold and helps to maintain body warmth. Instead, the mother may opt for daily sponge baths or use herbal remedies for cleansing.
7. **Postpartum Herbal Remedies:** Chinese traditional medicine often incorporates the use of herbal remedies during the postpartum period. These remedies are believed to promote healing, replenish energy, and restore balance in the body. Common herbal ingredients include ginger, Chinese dates, dang gui (angelica root), and goji berries.
8. **Restriction on Activities:** The new mother is advised to avoid activities that involve physical strain or excessive movement during the postpartum period. This includes lifting heavy objects, climbing stairs, or engaging in vigorous exercise.
9. **Superstitions and taboos:** These are prevalent during the postpartum period. For example, some families believe that the mother should not leave scissors or knives under the bed as it is thought to bring bad luck or harm to the baby. Additionally, there are specific customs related to naming the baby, such as waiting until a certain number of days after birth or avoiding names with negative connotations.
10. **"Doing the Month" Celebration:** At the end of the postpartum period, some families organize a celebration known as "doing the month" or "full moon" party. It is a way to mark the completion of the confinement period and introduce the baby to friends and relatives. Guests often bring gifts for the mother and baby and participate in various customs and rituals.



It's important to note that while these beliefs and practices are widely followed in Chinese culture, their adherence may vary among individuals and regions. Additionally, modernization and Western influences have led to some modifications and adaptations in postpartum practices among Chinese families.





# Hong Kong Medical Museum Exhibition



The Hong Kong College of  
Obstetricians and Gynaecologists  
香港婦產科學院



香港醫學博物館

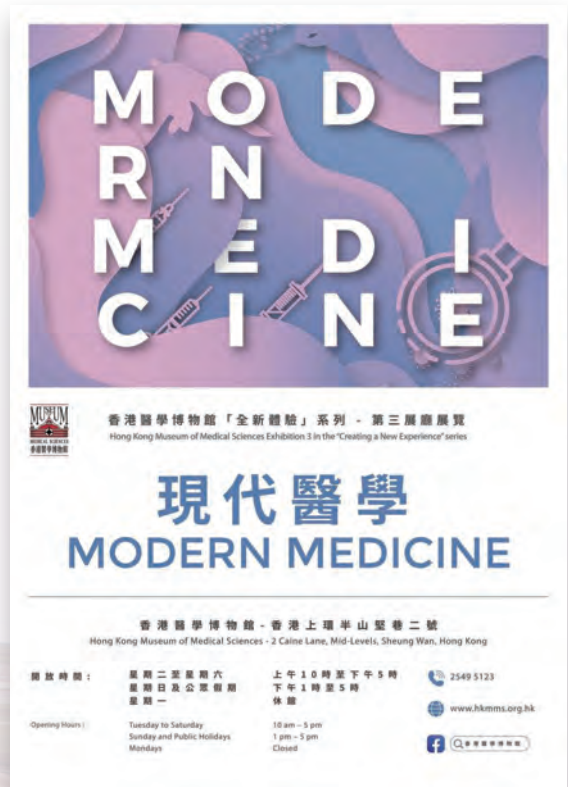
Hong Kong Museum of Medical Sciences

Recently, the Hong Kong Museum of Medicine has collaborated with our College in holding a new medical exhibition on "Modern Medicine".

This exhibition consists of a longstanding section which begins with a time corridor, providing an overview and brief timeline of important milestones in the development of medical diagnosis and therapeutic advancements over the years. It also endeavours to cast a glimpse into the future of modern medicine.

The second section is a revolving one featuring different specialties in turn. "Obstetrics and Gynaecology" is the first one. It covers the development of minimally invasive surgery, in vitro fertilization, prenatal diagnosis and fetal therapy in Hong Kong. Simulation models are on display where visitors can experience using surgical forceps to perform minimally invasive procedures through an interesting interactive mini-game.

We hope visitors enjoy exploring on their own in the museum, and the public understand more about us and modern medicine through this exhibition.



香港醫學博物館

HONG KONG MUSEUM OF MEDICAL SCIENCES





Hong Kong College of Obstetricians and Gynaecologists  
**35<sup>TH</sup> ANNIVERSARY**  
**INTERNATIONAL CONFERENCE**  
 24-26 November 2023 • Hong Kong



Please visit our website for the latest scientific programme and conference information  
[www.hkcog35.org](http://www.hkcog35.org)



**Cervical Cancer Prevention - What are we up to?**  
**Dr. Karen Chan**  
*President, Hong Kong College of Obstetricians and Gynaecologists*



**The obstetrician-gynecologist as leader**  
**Dr. Verda J. Hicks**  
*President, The American College of Obstetricians and Gynecologists*



**Global disruptions as an opportunity in global women's health**  
**Dr. Anne Beatrice Kihara**  
*President Elect, The International Federation of Gynecology and Obstetrics*



**Improving the clinical utility of prenatal Next Generation Sequencing investigation of the fetus with congenital malformations**  
**Prof. Mark Kilby**  
*Emeritus Professor of Fetal Medicine, University of Birmingham*



**Recent advances in fetal therapy**  
**Prof. Tak Yeung Leung**  
*Professor, The Chinese University of Hong Kong*



**Over-medicalisation in women's health - is it our future?**  
**Prof. Ben Mol**  
*Professor, Monash University*



**Introduction of structured O&G training programme in China**  
**Prof. Hextan Ngan**  
*Clinical Professor, The University of Hong Kong*



**Implementation of preeclampsia screening and prevention in Asia**  
**Prof. Liona Poon**  
*Department Chairperson & Clinical Professor, The Chinese University of Hong Kong*



**Why do we need a women's health strategy?**  
**Prof. Dame Lesley Regan**  
*Honorary Consultant, the Imperial College NHS Trust / Past President, Royal College of Obstetricians and Gynaecologists*



**How to reduce OASIS and its consequences to women?**  
**Dr. Raneer Thakar**  
*President, Royal College of Obstetricians and Gynaecologists*



Enquiry:  
 HKCOG 35<sup>th</sup> Anniversary International Conference Secretariat  
 c/o International Conference Consultants Ltd.  
 Tel: (852) 2559 9973      Email: [info@hkcog35.org](mailto:info@hkcog35.org)

# HKCOG35 A Fun Quiz

1. Why is our robe pink in colour?
2. What do blue and black colours represent in our College logo?
3. When was the first AGM held?
4. How many fellows and members did we have at incorporation?
5. When did the College hold the first Exit assessment?
6. How many fellows do we have now under HKCOG?
7. What is the % of O&G fellows under Hong Kong Academy of Medicine?
8. Are there more O&G colleagues working in public institutes or private practice?
9. How many guidelines altogether has the College published?
10. When did we start the structured O&G training program in Shenzhen, mainland China?

## Answers:

1. *It represents the colour of Bauhinia blakeana, the floral emblem of Hong Kong.*
2. *We obstetrician-gynaecologists work day-and-night for Hong Kong.*
3. *4 July 1988*
4. *41 Fellows and 124 Members*
5. *January 1997*
6. *538*
7. *5.9%*
8. *Private practice (55%) vs Public institute (39%)*
9. *35*
10. *2019*



*Passing on*

承傳

# Organizing Committee of HKCOG 35<sup>th</sup> Anniversary Celebrations

## **Chairperson**

Dr. Karen KL Chan

## **Committee Members**

Dr. Raymond HW Li

Prof. Liona CY Poon

Dr. Sidney KC Au Yeung

Dr. Ben CP Chan

Prof. Jacqueline PW Chung

Dr. Mona WC Lam

Prof. Tak-Yeung Leung

Dr. Danny TN Leung

Dr. Wing-Cheong Leung

Dr. Daniel Wong





The Hong Kong College of Obstetricians and Gynaecologists  
Room 805, 8th Floor, Hong Kong Academy of Medicine Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong  
Tel: (852) 2871 8700 Fax: (852) 2896 4902  
Email: [admin@hkco.org.hk](mailto:admin@hkco.org.hk)  
Website: <http://www.hkco.org.hk>







